## Programs

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<th>Program</th>
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CUPHD Dental Program

Champaign-Urbana Public Health District’s Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 7:40 am - 4:20 pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child’s first birthday. The clinic is staffed by 3 dentists, 5 hygienists, and 3 expanded functions dental assistants.

<table>
<thead>
<tr>
<th>Champaign Visits</th>
<th>CU and Co. Combined</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Patients</td>
<td>54</td>
</tr>
<tr>
<td>Visits by Patients of Record</td>
<td>467</td>
</tr>
<tr>
<td>Total Patient Visits</td>
<td>521</td>
</tr>
<tr>
<td>Total Procedures Performed</td>
<td>2,295</td>
</tr>
</tbody>
</table>

Number of Days Clinic Open 22

Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Tuesday through Thursday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.

<table>
<thead>
<tr>
<th>Urbana Visits</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Patients</td>
</tr>
<tr>
<td>Visits by Patients of Record</td>
</tr>
<tr>
<td>Total Patient Visits</td>
</tr>
<tr>
<td>Total Procedures Performed</td>
</tr>
<tr>
<td>Number of Days Clinic Open</td>
</tr>
</tbody>
</table>
January: Visited 3 Schools - 630 Exams, 204 Cleanings, 205 Fluorides, 352 Sealants placed.
February: Visited 4 Schools - 757 Exams, 286 Cleanings, 284 Fluorides, 571 Sealants placed.
March: Visited 4 Schools - 329 Exams, 109 Cleanings, 110 Fluorides, 174 Sealants placed.
Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State’s Attorney if they do not.

<table>
<thead>
<tr>
<th>CU</th>
<th># of Complaints</th>
</tr>
</thead>
<tbody>
<tr>
<td>County</td>
<td># of Complaints</td>
</tr>
<tr>
<td></td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>0</td>
</tr>
</tbody>
</table>

Break the Habit

We have transitioned Break the Habit to the Illinois Tobacco Quitline. People interested in quitting can call the Quitline and get individual phone counseling from Addiction Specialists. If interested call 866-QUIT-YES (866-784-8937).

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance with minimum age laws. After we test the stores, we send congratulatory letters if they pass, as well as notices of failure. This is in cooperation with local law enforcement. Vendors are checked for compliance 3 times per year.

<table>
<thead>
<tr>
<th>CU</th>
<th>Checks</th>
<th># of Sales</th>
</tr>
</thead>
<tbody>
<tr>
<td>County</td>
<td>Checks</td>
<td># of Sales</td>
</tr>
<tr>
<td></td>
<td>n/a</td>
<td>n/a</td>
</tr>
</tbody>
</table>
CUPHD interns Meg Rawley and Stacia Simmons shared information about CUPHD services at the Kraft employees health fair on March 13.

Events

**PREP**
- Whitney Greger completed the Making Proud Choices! teen pregnancy and STD prevention curriculum with 22 8th graders at Urbana Middle School on March 8th.
- Alyx McElfresh completed the Making Proud Choices! teen pregnancy and STD prevention curriculum with 58 8th graders at Jefferson Middle School on March 1st.
- Talia Shaw completed the Making Proud Choices! teen pregnancy and STD prevention curriculum with 43 8th graders at Franklin Middle School on March 4th.
- Talia Shaw completed the Making Proud Choices! teen pregnancy and STD prevention curriculum with 53 8th graders at Edison Middle School on March 4th.
- CUPHD hosted the third quarter Coalition for Comprehensive Sex Education meeting on March 14th and served 21 people.
- Alyx McElfresh sent out 56 letters to parents of Jefferson Middle School 8th grade students on March 29th.

**Family Planning**
- Alyx McElfresh completed sexual health education programming with 6 people at Community Choices on March 6th.

**Adolescent Health Program**
- Kelly Flanigan and Caitlyn Schneeman completed the Healthcare 101 workshop with 7 students at Urbana High School on March 26th.

**Misc.**
- Community health and social work interns staffed a table at the KRAFT Health Fair on March 13th and served 42 people.
### Division staff participate in the following coalitions and community meetings

- Champaign County Tobacco Prevention Coalition
- IFLOSS
- Human Services Council
- Champaign-Urbana Campus Community Coalition
- Coalition for Comprehensive Sex Education
- PROMPT Coalition
- Healthy Champaign County

### Please check out our informational websites.

- [www.facebook.com/wechoosehealthchampaign](http://www.facebook.com/wechoosehealthchampaign)
- [www.getcoveredillinois.gov](http://www.getcoveredillinois.gov)
- [http://www.smoke-free.illinois.gov/](http://www.smoke-free.illinois.gov/)
- [www.stock2forflu.com](http://www.stock2forflu.com)
- [http://www.c-uphd.org/ccsafekids/](http://www.c-uphd.org/ccsafekids/)
- [http://www.illinoisaap.org/oralhealth.htm](http://www.illinoisaap.org/oralhealth.htm)
- [www.ccsexed.org](http://www.ccsexed.org)
Wellness & Health Promotion
Contacts
217-373-7901

The Division of
Wellness & Health Promotion
Deb Fruitt
Director
531-2921

Whitney Greger
Program Coordinator
531-2914

Alicia Ekhoff
Program Coordinator
531-4538

Urbana School Health Center
239-4220

Have questions about Wellness and Health Promotion?
Get more information on our website!
http://c-uphd/wellness-health-promotion.html

Volunteers

Dental Hygienists
Michelle Kramer, RDH
Whitney Scheiwe, RDH
Lindy Hewerdine, RDH
Autumn Tatman, RDH
Jennifer Boyd, RDH

Health Educator II
Talia Shaw

Health Educator I
Alyx McElfresh

Administrative Assistant II
Crystal Anderson
Karen Bryson

Dental Assistants
Marda Keys-Wilcoxon
Lucero Olmedo

Dentists
Kara Ruffatto, DMD
Gurjeet Sidhu, DDS
Ghada Adhami, DDS
Jim Stehman, DMD
Andrea Miller-Finch, DDS

PRN Dental Hygienists

Interns
Aleea Vinke
Claudia Arruela
Shivani Shah
Stacia Simmons
Ye Won Lee
Zayna Jan

Division of Wellness and Health Promotion
March 2019 Board Report