## Programs

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CUPHD Dental Program

Champaign-Urbana Public Health District’s Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

Champaign Visits

New Patient 80
Visits by Patients of Record 442
Total Patient Visits 522

Total Procedures Performed 1,992

Number of Days Clinic Open 21

Urbana Visits

New Patient 11
Visits by Patients of Record 154
Total Patient Visits 165

Total Procedures Performed 524

Number of Days Clinic Open 13

Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.
We would like to Welcome Whitney Scheiwe to CUPHD!!!

Whitney is our new Dental Hygienist in our Dental Department. Whitney was born in Watseka, Illinois, she grew up in Cissna Park. In High School she worked at the Heartland Spa and local dinner, and worked at Kid’s 1st daycare for four years. In October of 2013 she began at CUPHD as a PRN Dental Hygienist. Whitney is so excited to join full time with the school sealant program and clinic.

Whitney's hobbies include playing with her dog, shopping, spending time with family and friends, reading, watching movies and eating yummy food!!

Three things about Whitney to share with staff are:

She loves to laugh, smile, joke, and have a good time.
She loves animals.
She will be done with her Bachelor's from EIU in December of 2014.

When you see Whitney around CUPHD please stop and say Hi and introduce yourself. We are happy to have you Whitney.

**Mobile Program/School Sealants**

January: Visited 3 Schools - 238 Exams, 128 Cleanings, 128 Fluorides, 337 sealants placed.
February: Visited 3 Schools - 151 Exams, 72 Cleanings, 72 Fluorides, 157 sealants placed.
March: Visited 2 Schools - 102 Exams, 59 Cleanings, 58 Fluorides, 124 sealants placed.
April: Visited 4 Schools - 151 Exams, 83 Cleanings, 83 Fluorides, 182 sealants placed.
May: In May we did Restorative Clinic Only

June, July and August - School is out, we will start Sealant Program again in September.
Tobacco Programs

Smoke Free Illinois compliance
Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State’s Attorney’s if they do not.

<table>
<thead>
<tr>
<th>CU</th>
<th>County</th>
<th># of Complaints</th>
<th># of Complaints</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>1</td>
<td>0</td>
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Break the Habit
People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists. We have transitioned Break the Habit to the Illinois Tobacco Quitline. If interested call 866-QUIT-YES (866-784-8937).

Not Here
A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who do an official check for compliance 3 times a year.

<table>
<thead>
<tr>
<th>CU</th>
<th>County</th>
<th>Checks</th>
<th># of Sales</th>
<th># of Sales</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td>n/a</td>
<td>n/a</td>
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Freedom From Smoking
A 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

<table>
<thead>
<tr>
<th>CU</th>
<th>County</th>
<th>Total # of people</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>n/a</td>
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</tbody>
</table>

Tar Wars
A 3- session program delivered in 4th and 5th grade classes. This programs focus is on changing normative beliefs about the prevalence of tobacco use. Further, instead of giving participants reasons not to use tobacco, it equips participants with decision-making and effective communication skills. Through this program students get a chance to develop counter marketing strategies.

<table>
<thead>
<tr>
<th>County</th>
<th># of times presented</th>
<th>Total # of people</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>n/a</td>
<td>n/a</td>
</tr>
</tbody>
</table>

(Count complete programs, not sessions)
Health Promotions has a new Intern. We are excited to have Heidi Hart here helping us. Heidi was born and raised in Dundee, Illinois. She worked in the Health Education Department at McKinley Health Center for three years. Now she currently is a waitress at Firehaus on the U of I Campus.

Heidi loves to run and will be participating in her 2nd half marathon in April. She played seven different sports growing up but had to stop after 10 broken bones.

Heidi's favorite quote is "Just keep swimming" - Dori from Finding Nemo.

If you see Heidi please stop by and introduce yourself and welcome her to CUPHD. We are happy to have you Heidi!

Events

We held three CATCH Trainings:

08-12-14 Urbana, 20 participants
08-14-14 Ludlow, 15 participants
08-19-14 Lincoln Trail, 57 participants
And a mini CATCH Training with staff at Yankee Ridge and ML King Jr Elementary.

We assisted in organzing ML King Jr Elementary School's CATCH Family Open House. There were 25 participants.

We brought CATCH to Prairie Elementary School's.

We had a table at the Carle Cancer Symposium to recruit providers at Quitline Referral Partners.

We talked with 10 providers, more received materials.

We attended several events to collect surveys on smoking in parks:
Clark Park (Sounds at Sunset) Campus Summer Stage
Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

<table>
<thead>
<tr>
<th></th>
<th><em>Champaign-Urbana</em></th>
<th><em>Champaign County</em></th>
<th>Mclean County</th>
<th>Vermilion County</th>
<th>Total</th>
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<tbody>
<tr>
<td>Number of Active clients</td>
<td>269</td>
<td>164</td>
<td>316</td>
<td>211</td>
<td>960</td>
</tr>
<tr>
<td>New Clients Enrolled</td>
<td>6</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>9</td>
</tr>
<tr>
<td>Provider &amp; Community Outreach</td>
<td>5</td>
<td>5</td>
<td>1</td>
<td>0</td>
<td>11</td>
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August 2014

IBCCP Information was distributed at the following events:

- **8/8-8/9** Champaign-Ubana Days - Douglas Park
- **8/15** King Elementary School (CATCH Table)
- **8/15-8/16** Taste of C-U - West Side Park
- **8/22-8/23** Sangamon Music Festival - Mahomet

*Champaign-Urbana* indicates women residing in the city limits of Champaign and Urbana. *Champaign Co.* indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.
Division staff participate on the following coalitions and community meetings

- Champaign County Tobacco Prevention Coalition
- Illinois Cancer Prevention and Control Program
- Human Services Council
- Steering committee for Prairie & Southside Safe Routes to School Program
- Champaign-Urbana Campus Community Coalition
- C-U Safe Routes to School Steering Committee
- Unity East & West, Leal, Thomas Paine, Wiley & Heritage Wellness Committee
- Urbana Bicycle Plan Steering Committee
- Coalition for Comprehensive Sex Education
- Illinois Health Cares about Domestic Violence
- Coordinated School Health Grantee Meeting
- Healthy Champaign County
- Fisher Grade School Wellness Team Meeting

Please check out our informational websites.

- [www.getcoveredillinois.gov](http://www.getcoveredillinois.gov)
- [http://www.smoke-free.illinois.gov/](http://www.smoke-free.illinois.gov/)
- [www.idph.state.il.us/about/womenshealth/ibccp/index.htm](http://www.idph.state.il.us/about/womenshealth/ibccp/index.htm)
- [http://www.cuphd.org/ccsafekids/](http://www.cuphd.org/ccsafekids/)
- [http://www.illinoisaap.org/oralhealth.htm](http://www.illinoisaap.org/oralhealth.htm)
- [www.ifloss.org](http://www.ifloss.org)
- [www.stock2forflu.com](http://www.stock2forflu.com)
- [www.cdc.gov/cancer/nbccedp](http://www.cdc.gov/cancer/nbccedp)
The Division of Wellness & Health Promotion

Deb Fruitt
Director
531-2921

Illinois Breast & Cervical Cancer

Cathy Propst
Program Coordinator
531-2916

Health Promotion

Nikki Hillier
Program Coordinator
531-2914

Dental

Alicia Ekhoff
Program Coordinator
531-4538

Urbana School Health Center

Teresa Turner
Program Coordinator
239-4220

Have questions about Wellness and Health Promotion?
Get more information on our website!
http://c-uphd/wellness-health-promotion.html

Nurses
Bette Chapman

Dental Hygienists
Amanda Niles, RDH
Michelle Kramer, RDH
Jill Hart, RDH
Yasmin Gonzalez, RDH

Dental Assistants
Marda Keys
Lucero Olmedo

Health Educators
Jennifer Jackson
Talia Oakley

Special Projects Coordinator
Tara McCauley

Administrative Assistant II
Crystal Anderson
Laura Shobe

Volunteers
Anupama Patel-Dental

IBCCP Intake Specialists
Leah Brunkow
Cristina Dongo
Kathy Reardon

Dentist
Kara Ruffatto, DMD
Gurjeet Sidhu, DDS
Robert Grenda, DDS

Dental Intake
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Chauntiere Harden

PRN Dental Hygienists
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David Moon, RDH
Lindy Hewerdine, RDH
Jaclyn Mathis, RDH

Interns
Katie Kodros-HP