# Programs

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**CUPHD Dental Program**

Champaign-Urbana Public Health District’s Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child’s first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

<table>
<thead>
<tr>
<th>Champaign Visits</th>
<th>CU and Co. Combined</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Patient</td>
<td>101</td>
</tr>
<tr>
<td>Visits by Patients of Record</td>
<td>443</td>
</tr>
<tr>
<td><strong>Total Patient Visits</strong></td>
<td><strong>544</strong></td>
</tr>
<tr>
<td><strong>Total Procedures Performed</strong></td>
<td><strong>2,055</strong></td>
</tr>
</tbody>
</table>

**Number of Days Clinic Open**

20

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**Urbana School Health Center Dental Program**

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.

<table>
<thead>
<tr>
<th>Urbana Visits</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Patient</td>
</tr>
<tr>
<td>Visits by Patients of Record</td>
</tr>
<tr>
<td><strong>Total Patient Visits</strong></td>
</tr>
<tr>
<td><strong>Total Procedures Performed</strong></td>
</tr>
<tr>
<td><strong>Number of Days Clinic Open</strong></td>
</tr>
</tbody>
</table>
Oral Surgery

One Saturday morning each month a local Oral Surgery Resident performs difficult extractions for children who are referred by CUPHD general dentists. The clinic utilizes volunteer dental and pre-dental students for infection control, instrument processing, post-op instructions, and clinic flow. Only local anesthetic is utilized, no anesthesia services are available.

Oral Surgery Residents:

**Blake Kitamura, DMD**  March 2012-Present

January: No Resident Available
February 23rd: 7 Patients
March: No Resident Available
April: No Resident Available
May: No Resident Available
June: No Resident Available
July 20: 8 Patients
August 24: 5 Patients
September 28: 2 Patients

Mobile Program/School Sealants

January: Visited 2 Schools - 54 Exams, 29 Cleanings, 29 Fluorides, 76 Sealants placed.
February: Visited 3 Schools - 107 Exams, 60 Cleanings, 59 Fluorides, 149 Sealants placed.
March: Visited 4 Schools - 80 Exams, 45 Cleanings, 45 Fluorides, 90 Sealants placed.
April: Visited 3 Schools - 127 Exams, 75 Cleanings, 75 Fluorides, 173 Sealants placed.
Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State’s Attorney’s if they do not.

<table>
<thead>
<tr>
<th>CU</th>
<th># of Complaints</th>
<th>County</th>
<th># of Complaints</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2</td>
<td></td>
<td>0</td>
</tr>
</tbody>
</table>

Break the Habit

People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists. We have transitioned Break the Habit to the Illinois Tobacco Quitline. If interested call 866-QUIT-YES (866-784-8937).

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who do an official check for compliance 3 times a year.

<table>
<thead>
<tr>
<th>CU</th>
<th>Checks</th>
<th>County</th>
<th>Checks</th>
<th># of Sales</th>
<th># of Sales</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>n/a</td>
<td></td>
<td>n/a</td>
<td>n/a</td>
<td>n/a</td>
</tr>
</tbody>
</table>

Freedom From Smoking

A 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

<table>
<thead>
<tr>
<th>CU</th>
<th>Total # of people</th>
<th>County</th>
<th>Total # of people</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>n/a</td>
<td></td>
<td>n/a</td>
</tr>
</tbody>
</table>

Tar Wars

A 3- session program delivered in 4th and 5th grade classes. This programs focus is on changing normative beliefs about the prevalence of tobacco use. Further, instead of giving participants reasons not to use tobacco, it equips participants with decision-making and effective communication skills. Through this program students get a chance to develop counter-marketing strategies.

<table>
<thead>
<tr>
<th>County</th>
<th># of times presented</th>
<th>Total # of people</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(Count complete programs, not sessions)</td>
<td>n/a</td>
</tr>
</tbody>
</table>

Division of Wellness Health Promotion
September 2013 Board Report
On September 5, we participated in Walk N Roll to School Day with our blanched calendar schools. The buses dropped students off away from the school, so bus riders could also walk.

September 13, was the Boltage Kick-Off at Urbana Middle School. Boltage is a program to encourage biking and walking through tracking incentives for the students, 15 participated.

Carrie Busey’s 4th annual Family 3K CATCH kick-off was on September 13. Families came to the gym to warm up, listen to music, and play some wellness games. Then we were off to run on the track. Afterwards you could stay for a movie and eat your healthy picnic dinner in the gym. Families were challenged to bring the healthiest meal and prizes were awarded for the healthiest dinners. There were over 350 people that participated.

September 19 we held a Germ Buster training for 6 of our Germ Buster volunteers. We are working with them to implement the Germ buster messages throughout Champaign County. We are starting with Pre K. After training, they are all set to gear up and train the little kids to be Germ Busters themselves.

On September 25 we met with the staff at Pleasant Acres to talk with them about Coordinated School Health.
Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

<table>
<thead>
<tr>
<th></th>
<th>*Champaign-Urbana</th>
<th>*Champaign County</th>
<th>Mclean County</th>
<th>Vermilion County</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Active clients</td>
<td>346</td>
<td>205</td>
<td>436</td>
<td>302</td>
<td>1289</td>
</tr>
<tr>
<td>New Clients Enrolled</td>
<td>6</td>
<td>3</td>
<td>5</td>
<td>5</td>
<td>19</td>
</tr>
<tr>
<td>Provider &amp; Community Outreach</td>
<td>3</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>7</td>
</tr>
</tbody>
</table>

September 2013

Presence Covenant Medical Center gave CUPHD IBCCP $10,000 from their It's All in the Jeans Day Campaign. This money will be used for mammogram scholarships for women from Champaign County to have screening mammograms done at Presence Covenant Medical Center.

The News Gazette and the Daily Illini featured stories about this grant with interviews, Angela Reinhart from Presence and Cathy Propst from CUPHD IBCCP.

Angela Reinhart and Cathy Propst were also featured on WCIA’s CiLiving program on September 30, 2013 to talk about breast cancer awareness, It's All in the Jeans Campaign, the mammogram scholarships, and the upcoming "Go Pink!" event.
Meet the Team

Yasmin Gonzalez started in WHP on September 16, 2013. Yasmin was born in Torrance, Ca. and grew up in Guadalajara Jalisco, Ca.

Yasmin was formerly a translator at Francis Nelson and also worked in medical records and as a CNA. She then went to Carle as a CNA and from there to Chevy’s Restaurant as a server.

In Yasmin’s free time she enjoys swimming, walking and dancing.

Three fun facts about Yasmin:
  She loves cooking.
  Enjoys dancing.
  Her children always come first.

Yasmin’s favorite quote is:
"Live, Love and Laugh"

Please stop by the dental clinic to welcome Yasmin to our staff, say "Hi" and introduce yourself.

Tara McCauley also joined our fabulous team in WHP on September 30, 2013. Tara was born in Arlington Heights, Illinois and grew up in the Chicago suburbs.

Tara has worked for non-profit organizations and the labor movement most of her career. Her work has always been focused on creating better communities.

In Tara’s free time she enjoys roller derby, crafts, reading, working out and she has lots of pets.

Three fun facts about Tara:
  She is excited to be here and meet her new co-workers.
  She loves working with community members.
  She likes to work collaboratively.

Tara’s favorite quote is:
Be proud of who you are.
Division staff participate on the following coalitions and community meetings:

- Champaign County Tobacco Prevention Coalition
- Illinois Cancer Prevention and Control Program
- Human Services Council
- Steering committee for Stratton Elementary’s Safe Routes to School Program
- Champaign-Urbana Campus Community Coalition
- East Central Illinois Asthma Partnership
- Regional Prevention Group
- C-U Safe Routes to School Steering Committee
- Unity West Wellness Committee Meeting
- Urbana Bicycle Plan Steering Committee
- Campaign for Comprehensive Sex Education
- Illinois Health Cares about Domestic Violence
- Illinois Coalition for School Health Centers
- National Assembly for School Health Care
- Coordinated School Health Grantee Meeting
- C-U Fit Families
- Fisher Grade School Wellness Team Meeting
- Childhood Wellness Task Force
- C-U Area Fitness

Please check out our informational websites:

- [http://www.cuphd.org/chronicdisease.html](http://www.cuphd.org/chronicdisease.html)
- [http://www.ada.org/](http://www.ada.org/)
- [http://www.smoke-free.illinois.gov/](http://www.smoke-free.illinois.gov/)
- [http://www.cuphd.org/diabetes_resources.html](http://www.cuphd.org/diabetes_resources.html)
- [http://www.cuphd.org/ccsafekids/](http://www.cuphd.org/ccsafekids/)
- [http://www.illinoisaap.org/oralhealth.htm](http://www.illinoisaap.org/oralhealth.htm)
- [www.ifloss.org](http://www.ifloss.org)
- [www.stock2forflu.com](http://www.stock2forflu.com)
Wellness & Health Promotion
Contacts
217-373-7901

The Division of Wellness & Health Promotion
Deb Fruitt
Director
531-2921

Illinois Breast & Cervical Cancer
Cathy Propst
Program Coordinator
531-2916

Illinois Wisewomen
Nikki Hillier
Program Coordinator
531-2914

Health Promotion
Alicia Ekhoff
Program Coordinator
531-4538

Dental
Teresa Turner
Program Coordinator
531-2890

Urbana School Health Center

Have questions about Wellness and Health Promotion?
Get more information on our website!
http://c-uphd/wellness-health-promotion.html

Nurses
Judy Krumwiede
Amy Johnson
Bette Chapman

Dental Hygienists
Amanda Niles, RDH
Michelle Kramer, RDH
Jill Hart, RDH
Yasmin Gonzalez, RDH

Health Educators
Jennifer Jackson
Talia Oakley
Whitney Hayes
Tara McCauley

Administrative Assistant II
Crystal Anderson
Laura Shobe

Dental Assistants
Marda Keys
Lucero Olmedo

IBCCP Intake Specialists
Kathy Reardon
Leah Brunkow
Christy Foster
Cristina Dongo

Dental Intake
Karen Bryson
Chauntiere Harden

Volunteers
Nedra Brown

Interns
Allison Wiley