Division of Wellness & Health Promotion
August 2013

Programs

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CUPHD Dental Program

Champaign-Urbana Public Health District’s Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child’s first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

<table>
<thead>
<tr>
<th>Champaign Visits</th>
<th>CU and Co. Combined</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Patient</td>
<td>66</td>
</tr>
<tr>
<td>Visits by Patients of Record</td>
<td>427</td>
</tr>
<tr>
<td><strong>Total Patient Visits</strong></td>
<td><strong>493</strong></td>
</tr>
<tr>
<td><strong>Total Procedures Performed</strong></td>
<td><strong>1,873</strong></td>
</tr>
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**Number of Days Clinic Open** 22

Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.

<table>
<thead>
<tr>
<th>Urbana Visits</th>
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<tbody>
<tr>
<td>New Patient</td>
</tr>
<tr>
<td>Visits by Patients of Record</td>
</tr>
<tr>
<td><strong>Total Patient Visits</strong></td>
</tr>
<tr>
<td><strong>Total Procedures Performed</strong></td>
</tr>
<tr>
<td><strong>Number of Days Clinic Open</strong></td>
</tr>
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Oral Surgery

One Saturday morning each month a local Oral Surgery Resident performs difficult extractions for children who are referred by CUPHD general dentists. The clinic utilizes volunteer dental and pre-dental students for infection control, instrument processing, post-op instructions, and clinic flow. Only local anesthetic is utilized, no anesthesia services are available.

Oral Surgery Residents:

Blake Kitamura, DMD  March 2012-Present

January:   No Resident Available
February 23rd:  7 Patients
March:     No Resident Available
April:         No Resident Available
May:            No Resident Available
June:         No Resident Available
July 20:      8 Patients
      August 24:  5 Patients

Mobile Program/School Sealants

January: Visited 2 Schools -  54 Exams, 29 Cleanings, 29 Fluorides, 76 sealants placed.
February: Visited 3 Schools - 107 Exams, 60 Cleanings, 59 Fluorides, 149 sealants placed.
March:    Visited 4 Schools -  80 Exams, 45 Cleanings, 45 Fluorides, 90 sealants placed.
April:     Visited 3 Schools - 127 Exams, 75 Cleanings, 75 Fluorides, 173 Sealants.

The school sealant program will resume in September of 2013.
Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State’s Attorney’s if they do not.

<table>
<thead>
<tr>
<th></th>
<th># of Complaints</th>
</tr>
</thead>
<tbody>
<tr>
<td>CU</td>
<td>1</td>
</tr>
<tr>
<td>County</td>
<td>0</td>
</tr>
</tbody>
</table>

Break the Habit

People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists. We have transitioned Break the Habit to the Illinois Tobacco Quitline. If interested call 866-QUIT-YES (866-784-8937).

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who do an official check for compliance 3 times a year.

<table>
<thead>
<tr>
<th></th>
<th>Checks</th>
<th># of Sales</th>
</tr>
</thead>
<tbody>
<tr>
<td>CU</td>
<td>n/a</td>
<td>n/a</td>
</tr>
<tr>
<td>County</td>
<td>n/a</td>
<td>n/a</td>
</tr>
</tbody>
</table>

Freedom From Smoking

A 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

<table>
<thead>
<tr>
<th></th>
<th>Total # of people</th>
</tr>
</thead>
<tbody>
<tr>
<td>CU</td>
<td>n/a</td>
</tr>
<tr>
<td>County</td>
<td>n/a</td>
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Tar Wars

A 3- session program delivered in 4th and 5th grade classes. This programs focus is on changing normative beliefs about the prevalence of tobacco use. Further, instead of giving participants reasons not to use tobacco, it equips participants with decision-making and effective communication skills. Through this program students get a chance to develop counter-marketing strategies.

<table>
<thead>
<tr>
<th></th>
<th># of times presented</th>
<th>Total # of people</th>
</tr>
</thead>
<tbody>
<tr>
<td>County</td>
<td>n/a</td>
<td>n/a</td>
</tr>
</tbody>
</table>

(Count complete programs, not sessions)
Other Education Programs

We had two CATCH trainings again in August. We invited staff from schools who had completed the SHI and wanted to implement CATCH. We focused mostly on schools who haven't started implementing CATCH, but invited other CATCH schools who had completed the SHI.

We held training on August 9th and 12th.

We had 60 total staff people attend the trainings.

Events

We participated in the site visit with PHAB on August 13th and 14th.

Whitney attended the National Safe Routes to School Conference in Sacramento, California on August 13-15.

We completed the SHI with Booker T. Washington STEM Academy.

On August 22, Nikki presented information on the Quitline to providers at Carle. There were 30 providers present.

On August 25th, we staffed a table at the Lifestyles Expo. We served 20 People.

We held a Germ Buster Training with our 5 Germ Buster volunteers.

Talia finished Media Sharp at the Juvenile Detention Center, 7 youth completed the program.

On August 21, we presented CATCH to all the staff at Gifford Grade School.

Whitney went to Schnucks and Sav a lot in Urbana and put Go Food Stickers on healthy food items.
Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to theses services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

<table>
<thead>
<tr>
<th></th>
<th>*Champaign-Urbana</th>
<th>*Champaign County</th>
<th>Mclean County</th>
<th>Vermilion County</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Active clients</td>
<td>360</td>
<td>214</td>
<td>438</td>
<td>302</td>
<td>1314</td>
</tr>
<tr>
<td>New Clients Enrolled</td>
<td>6</td>
<td>2</td>
<td>11</td>
<td>3</td>
<td>22</td>
</tr>
<tr>
<td>Provider &amp; Community Outreach</td>
<td>4</td>
<td>4</td>
<td>0</td>
<td>0</td>
<td>8</td>
</tr>
</tbody>
</table>

August 2013

Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.
Division staff participate on the following coalitions and community meetings

- Champaign County Tobacco Prevention Coalition
- Illinois Cancer Prevention and Control Program
- Human Services Council
- Steering committee for Stratton Elementary’s Safe Routes to School Program
- Champaign-Urbana Campus Community Coalition
- East Central Illinois Asthma Partnership
- Regional Prevention Group
- C-U Safe Routes to School Steering Committee
- Unity West Wellness Committee Meeting
- Urbana Bicycle Plan Steering Committee
- Campaign for Comprehensive Sex Education
- Illinois Health Cares about Domestic Violence
- Illinois Coalition for School Health Centers
- National Assembly for School Health Care
- Coordinated School Health Grantee Meeting
- C-U Fit Families
- Fisher Grade School Wellness Team Meeting
- Childhood Wellness Task Force
- C-U Area Fitness

Please check out our informational websites.

- [http://www.cuphd.org/chronicdisease.html](http://www.cuphd.org/chronicdisease.html)
- [http://www.ada.org/](http://www.ada.org/)
- [http://www.smoke-free.illinois.gov/](http://www.smoke-free.illinois.gov/)
- [http://www.cuphd.org/diabetes_resources.html](http://www.cuphd.org/diabetes_resources.html)
- [http://www.cuphd.org/ccsafekids/](http://www.cuphd.org/ccsafekids/)
- [http://www.illinoisaap.org/oralhealth.htm](http://www.illinoisaap.org/oralhealth.htm)
- [www.ifloss.org](http://www.ifloss.org)
- [www.stock2forflu.com](http://www.stock2forflu.com)
The Division of
Wellness & Health Promotion
Director
Deb Fruitt
531-2921

Illinois Breast &
Cervical Cancer
Illinois Wisewomen
Cathy Propst
531-2916

Health Promotion
Nikki Hillier
531-2914

Dental
Alicia Ekhoff
531-4538

Urbana School
Health Center
Teresa Turner
531-2890

Have questions about Wellness and Health Promotion?
Get more information on our website!
http://c-uphd/wellness-health-promotion.html