## Programs

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CUPHD Dental Program

Champaign-Urbana Public Health District’s Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child’s first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

Champaign Visits

<table>
<thead>
<tr>
<th></th>
<th>CU and Co. Combined</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Patient</td>
<td>67</td>
</tr>
<tr>
<td>Visits by Patients of Record</td>
<td>450</td>
</tr>
<tr>
<td>Total Patient Visits</td>
<td>517</td>
</tr>
<tr>
<td>Total Procedures Performed</td>
<td>1,784</td>
</tr>
</tbody>
</table>

Number of Days Clinic Open 22

Urbana Visits

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<table>
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<tr>
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<tbody>
<tr>
<td>New Patient</td>
</tr>
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</tr>
<tr>
<td>Total Procedures Performed</td>
</tr>
<tr>
<td>Number of Days Clinic Open</td>
</tr>
</tbody>
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Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.
Oral Surgery

One Saturday morning each month a local Oral Surgery Resident performs difficult extractions for children who are referred by CUPHD general dentists. The clinic utilizes volunteer dental and pre-dental students for infection control, instrument processing, post-op instructions, and clinic flow. Only local anesthetic is utilized, no anesthesia services are available.

Oral Surgery Residents:

**Blake Kitamura, DMD  March 2012-Present**

- **January:** No Resident Available
- **February 23rd:** 7 Patients
- **March:** No Resident Available
- **April:** No Resident Available
- **May:** No Resident Available
- **June:** No Resident Available
- **July 20:** 8 Patients

Mobile Program/School Sealants

- **January:** Visited 2 Schools - 54 Exams, 29 Cleanings, 29 Fluorides, 76 sealants placed.
- **February:** Visited 3 Schools - 107 Exams, 60 Cleanings, 59 Fluorides, 149 sealants placed.
- **March:** Visited 4 Schools - 80 Exams, 45 Cleanings, 45 Fluorides, 90 sealants placed.
- **April:** Visited 3 Schools - 127 Exams, 75 Cleanings, 75 Fluorides, 173 Sealants.

The school sealant program will resume in August of 2013.
### Tobacco Programs

**Smoke Free Illinois compliance**

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State’s Attorney’s if they do not.

<table>
<thead>
<tr>
<th></th>
<th># of Complaints</th>
<th># of Complaints</th>
</tr>
</thead>
<tbody>
<tr>
<td>CU County</td>
<td>2</td>
<td>0</td>
</tr>
</tbody>
</table>

**Break the Habit**

People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists. We have transitioned Break the Habit to the Illinois Tobacco Quitline. If interested call 866-QUIT-YES (866-784-8937).

**Not Here**

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who do an official check for compliance 3 times a year.

<table>
<thead>
<tr>
<th></th>
<th>Checks</th>
<th># of Sales</th>
<th>Checks</th>
<th># of Sales</th>
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</thead>
<tbody>
<tr>
<td>CU County</td>
<td>n/a</td>
<td>n/a</td>
<td>n/a</td>
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</table>

**Freedom From Smoking**

A 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

<table>
<thead>
<tr>
<th></th>
<th>Total # of people</th>
<th>Total # of people</th>
</tr>
</thead>
<tbody>
<tr>
<td>CU County</td>
<td>n/a</td>
<td>n/a</td>
</tr>
</tbody>
</table>

**Tar Wars**

A 3- session program delivered in 4th and 5th grade classes. This programs focus is on changing normative beliefs about the prevalence of tobacco use. Further, instead of giving participants reasons not to use tobacco, it equips participants with decision-making and effective communication skills. Through this program students get a chance to develop counter-marketing strategies.

<table>
<thead>
<tr>
<th></th>
<th># of times presented</th>
<th>Total # of people</th>
</tr>
</thead>
<tbody>
<tr>
<td>County</td>
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<td>n/a</td>
</tr>
</tbody>
</table>

(Count complete programs, not sessions)
We had several CATCH trainings in July. We invited staff from schools who had completed the SHI and wanted to implement CATCH. We focused mostly on schools who haven't started implementing CATCH, but invited other CATCH schools who had completed the SHI.

We held training on July 8, July 23 and July 25.

We had 51 total staff people attend the trainings.

On July 9, The City of Champaign celebrated becoming a Bicycle Friendly Community.

On July 18, we completed the SHI with Carrie Busey Elementary School. The School Health Index is a tool developed by the CDC to help schools access where they are in terms of wellness in 8 different areas. Using the tool, schools can develop plans under each module to improve wellness in each area.

On July 22, we had our We Chose Health site visit. We presented all the work we are doing and
On July 22, we had our We Chose Health site visit. We presented all the work we are doing and received positive feedback.

Division of Wellness Health Promotion
July 2013 Board Report
Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

<table>
<thead>
<tr>
<th></th>
<th>*Champaign-Urbana</th>
<th>*Champaign County</th>
<th>Mclean County</th>
<th>Vermilion County</th>
<th>Total</th>
</tr>
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<tbody>
<tr>
<td>Number of Active clients</td>
<td>356</td>
<td>218</td>
<td>437</td>
<td>301</td>
<td>1312</td>
</tr>
<tr>
<td>New Clients Enrolled</td>
<td>2</td>
<td>4</td>
<td>9</td>
<td>3</td>
<td>18</td>
</tr>
<tr>
<td>Provider &amp; Community Outreach</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>1</td>
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</table>

July 2013

Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.
Dr. Yolanda Wright started with us on July 1, 2013. We are thrilled to have her and she has fit in with our staff perfectly. Dr. Wright was born in Peoria, Illinois and grew up in Bartonville. She graduated from the University of Kentucky in May 2012 and started her year residency program June 2012 at OSF St. Francis Medical Center.

In Dr. Wright's free time she enjoys watching TV, running, working out, walking, mini vacations and staycations.

Three fun facts about Dr. Wright:
  She has a dog named Sir Barton "Bart" Wright.
  She is the youngest of three children.
  Her parents still live in the same house she grew up in.

Dr. Wright's favorite quote is:
"There's no passion to be found playing small - in settling for a life that's less than the one you are capable of living!"

When you get time please stop by the Dental Clinic and say "Hi" to Dr. Wright and welcome her to CUPHD.
Division staff participate on the following coalitions and community meetings

- Champaign County Tobacco Prevention Coalition
- Illinois Cancer Prevention and Control Program
- Human Services Council
- Steering committee for Stratton Elementary’s Safe Routes to School Program
- Champaign-Urbana Campus Community Coalition
- East Central Illinois Asthma Partnership
- Regional Prevention Group
- C-U Safe Routes to School Steering Committee
- Unity West Wellness Committee Meeting
- Urbana Bicycle Plan Steering Committee
- Campaign for Comprehensive Sex Education
- Illinois Health Cares about Domestic Violence
- Illinois Coalition for School Health Centers
- National Assembly for School Health Care
- Coordinated School Health Grantee Meeting
- C-U Fit Families
- Fisher Grade School Wellness Team Meeting
- Childhood Wellness Task Force
- C-U Area Fitness

Please check out our informational websites.

- [http://www.cuphd.org/chronicdisease.html](http://www.cuphd.org/chronicdisease.html)
- [http://www.ada.org/](http://www.ada.org/)
- [http://www.smoke-free.illinois.gov/](http://www.smoke-free.illinois.gov/)
- [http://www.cuphd.org/diabetes_resources.html](http://www.cuphd.org/diabetes_resources.html)
- [http://www.cuphd.org/ccsafekids/](http://www.cuphd.org/ccsafekids/)
- [http://www.illinoisaap.org/oralhealth.htm](http://www.illinoisaap.org/oralhealth.htm)
- www.ifloss.org
- www.stock2forflu.com
Wellness & Health Promotion
Contacts
217-373-7901

The Division of Wellness & Health Promotion
Deb Fruitt
Director
531-2921

Illinois Breast & Cervical Cancer
Cathy Propst
Program Coordinator
531-2916
Illinois Wisewomen

Health Promotion
Nikki Hillier
Program Coordinator
531-2914

Dental
Alicia Ekhoff
Program Coordinator
531-4538

Urbana School Health Center
Teresa Turner
Program Coordinator
531-2890

Have questions about Wellness and Health Promotion?
Get more information on our website!
http://c-uphd/wellness-health-promotion.html

Nurses
Judy Krumwiede
Amy Johnson
Bette Chapman

Dental Hygienists
Amanda Niles, RDH
Michelle Kramer, RDH
Jill Hart, RDH

Health Educators
Jennifer Jackson
Talia Oakley
Whitney Hayes

Dentist
Kara Ruffatto, DMD
Gurjeet Sidhu, DDS
Robert Grenda, DDS
Blake Kitamura, DDS
Yolanda Wright, DMD

Dental Assistants
Marda Keys
Lucero Olmedo

Administrative Assistant II
Crystal Anderson
Laura Shobe

Volunteers
Nedra Brown

Interns
Cecilia Ramirez
Mansi Jailwala
Paige Ligon
Amy Han

IBCCP Intake Specialists
Kathy Reardon
Leah Brunkow
Christy Foster

Dental Intake
Karen Bryson

Division of Wellness Health Promotion
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