# Programs

<table>
<thead>
<tr>
<th>Program</th>
<th>Page</th>
</tr>
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<tbody>
<tr>
<td>Cover</td>
<td>1</td>
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<tr>
<td>Dental</td>
<td>2-4</td>
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<tr>
<td>Adult Prevention &amp; Management of Disease</td>
<td>5</td>
</tr>
<tr>
<td>Health Promotion Programs</td>
<td>6-8</td>
</tr>
<tr>
<td>Child Vision &amp; Hearing Screening</td>
<td>9</td>
</tr>
<tr>
<td>Illinois Breast &amp; Cervical Cancer Program</td>
<td>10</td>
</tr>
<tr>
<td>Illinois Wisewomen</td>
<td>11</td>
</tr>
<tr>
<td>In the News and Meet the Team</td>
<td>12</td>
</tr>
<tr>
<td>Community Meetings and Websites</td>
<td>13</td>
</tr>
<tr>
<td>Contacts</td>
<td>14</td>
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</table>
Champaign Visits

<table>
<thead>
<tr>
<th></th>
<th>CU</th>
<th>Co.</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Patient</td>
<td>62</td>
<td>3</td>
</tr>
<tr>
<td>Visits by Patients of Record</td>
<td>385</td>
<td>7</td>
</tr>
<tr>
<td><strong>Total Patient Visits</strong></td>
<td>447</td>
<td>10</td>
</tr>
</tbody>
</table>

**Treatment Provided**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Diagnostic &amp; Preventative Care</td>
<td>1,051</td>
</tr>
<tr>
<td>General Dental Care*</td>
<td>162</td>
</tr>
<tr>
<td></td>
<td>301</td>
</tr>
</tbody>
</table>

**Number of Days Clinic Open**

19

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Urbana Visits

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>New Patient</td>
<td>24</td>
</tr>
<tr>
<td>Visits by Patients of Record</td>
<td>123</td>
</tr>
<tr>
<td><strong>Total Patient Visits</strong></td>
<td>147</td>
</tr>
</tbody>
</table>

**Treatment Provided**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Diagnostic &amp; Preventative Care</td>
<td>216</td>
</tr>
<tr>
<td>General Dental Care</td>
<td>61</td>
</tr>
<tr>
<td></td>
<td>87</td>
</tr>
</tbody>
</table>

**Number of Days Clinic Open**

19

---

**CUPHD Dental Program**

Champaign-Urbana Public Health District’s Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child’s first birthday. The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

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**Urbana School Health Center Dental Program**

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.
Oral Surgery

One Saturday morning each month, Cole Anderson, DMD, and Oral Surgery Resident to performs difficult extractions for children who are referred by CUPHD general dentists. The clinic utilizes volunteer dental and pre-dental students for infection control, instrument processing, post-op instructions, and clinic flow. Only local anesthetic is utilized, no anesthesia services are available. Dr. Anderson will complete his residency in May 2012 and Blake Kitamura, DMD, also an Oral Surgery Resident, will take his place with CUPHD.

November 5th Oral Surgery Clinic:
Priority was given to Urgent Treatment patients experiencing pain and/or infection. 6 patients were seen for 6 extractions. December 10th is the next Oral Surgery Clinic.

Special Events

C-U Cooperative Preschool:
Mansi Jailwala, UIUC Intern & Vivek Patel, UIUC Volunteer presented Taking Care of Your Teeth to 55 children and teachers at the C-U Cooperative Preschool.
During the 2011-12 School Year, Urbana Students in Grades PK - 6th and Champaign Students in Grades PK, K, 2nd and 6th will be eligible for Mobile Dental Services at their school. Through Medicaid Reimbursement and an IDPH Grant, students will receive an exam, dental cleaning, fluoride treatment, and dental sealants on the first and second permanent molars to seal out tooth decay.

During August School Registration all students in these grades will have the opportunity to complete a consent form allowing the CUPHD Mobile Dental Clinic to provide preventative dental care at school. Schools are contacted after registration to determine the best time to schedule their clinic.

All students treated during the clinics receive a Home Oral Health Care Kit that includes a toothbrush, toothpaste, and dental floss. Students are referred to CUPHD Dental Clinics to establish a Dental Home and receive continued follow-up care.

**Champaign, IL**
- Barkstall (EXT) September 7
- Bottenfield March 26
- BT Washington February 7
- Carrie Busey February 15
- Champaign EC Sept 27-30
- Dr. Howard April 3
- Edison Middle January 10
- Franklin Middle January 17
- Garden Hills December 13
- Jefferson Middle January 24-26
- Kenwood (EXT) September 13
- Robeson April 10
- South Side March 13
- Stratton December 5-6
- Westview February 21

**Urbana, IL**
- Leal Oct. 26, 27
- ML King Oct. 12-14
- Prairie Oct. 5-7
- Thomas Paine Nov. 2, 3, 9
- Urbana Middle Sept. 21-23
- Washington (EC) Oct. 18-20
- Wiley Elementary Nov. 16-18
- Yankee Ridge Nov. 30, Dec. 1, 2

In November, 171 children were seen in their school for preventative dental care & 143 Dental Sealants were placed.
## Adult Immunization

### Adult Immunization Program

Serves adults over 18 years for routine, educational requirements, accidents and travel immunizations using scheduled appointments.

<table>
<thead>
<tr>
<th>Immunizations</th>
<th>C-U</th>
<th>Co</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hepatitis A</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hepatitis B</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Polio</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mumps, Measles, Rubella</td>
<td>6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tetanus and diphtheria</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tetanus, diphtheria and acellular pertussis</td>
<td>5</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Hepatitis A and Hepatitis B</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Typhoid</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Varicella /chickenpox</td>
<td>5</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Flu/Pneumonia</strong></td>
<td>12</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Total Immunizations for 34 4 1

39

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Adult and Travel vaccines are available Monday & Wednesdays by appointment. Call 531-2922 – Ask for Theresa

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Adult Immunization
Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State’s Attorney’s if they do not.

<table>
<thead>
<tr>
<th>CU</th>
<th># of Complaints</th>
<th>1</th>
</tr>
</thead>
<tbody>
<tr>
<td>County</td>
<td># of Complaints</td>
<td>1</td>
</tr>
</tbody>
</table>

Break the Habit

Break the Habit is a partnership between the Illinois Tobacco Quitline and CUPHD. People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists, and CUPHD issues nicotine patches based on what the Addictions Specialists suggest.

<table>
<thead>
<tr>
<th>CU</th>
<th>Total # of people</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>County</td>
<td>Total # of people</td>
<td>1</td>
</tr>
</tbody>
</table>

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who does an official check for compliance. 3 times a year

<table>
<thead>
<tr>
<th>CU</th>
<th># of Attempts</th>
<th>0</th>
<th># of Sales</th>
<th>0</th>
</tr>
</thead>
<tbody>
<tr>
<td>County</td>
<td># of Attempts</td>
<td>6</td>
<td># of Sales</td>
<td>3</td>
</tr>
</tbody>
</table>
CATCH Program

Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes. Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are:

<table>
<thead>
<tr>
<th>School</th>
<th># of students</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Howard Elementary, Champaign</td>
<td>390</td>
</tr>
<tr>
<td>Thomasboro Elementary, Thomasboro</td>
<td>185</td>
</tr>
<tr>
<td>Unity West Elementary, Tolono</td>
<td>490</td>
</tr>
<tr>
<td>Fisher Grade School, Fisher</td>
<td>318</td>
</tr>
<tr>
<td>Carrie Busey</td>
<td>390</td>
</tr>
</tbody>
</table>

In the Media

Jennifer Jackson was interviewed on November 17 about the American Cancer Society’s Great American Smokeout on WCIA. A link can be found here:

http://illinoishomepage.net/fulltext/?nxd_id=310817
Events

On November 3, Jennifer Jackson presented at the Human Services Council on the Illinois tobacco Quitline. Over 40 agencies were represented.

On November 3, we held a CATCH Refresher in-service for Unity West, all the faculty and staff were present.

A special event was held at Fisher Grade School. Volunteers from Alpha Phi Omega National Service Fraternity created signs requested by Fisher Grade School saying Eat More, Red, Green, Purple, etc., and the students wore those respective colors and posed for pictures.

On November 10, Booker T. Washington held a Wellness Fair. Fifty families attended. We had a display for germ and flu prevention. We also had a display to help students understand Go-Slow-and Whoa foods.

The Great American Smokeout was November 17. Over 20 local agencies distributed over 400 Quit Kits in the area. The American Cancer Society’s Great American Smokeout is an annual event that encourages smokers to stop smoking for just one day in the hopes they can build enough confidence to quit for more than a day.

Division of Wellness Health Promotion
November 2011 Board Report
# Champaign Urbana Public Health District’s Vision & Hearing Screening Program

CUPHD employs a State Certified Auditory and Vision Technician to provide State mandated Hearing and Vision screenings to children enrolled in a Licensed Daycare, Preschool, or Private School in Champaign County. The Hearing and Vision Screening Program is funded through a IDPH Grant and Medicaid / All Kids Reminbursement.

## Hearing Screenings

<table>
<thead>
<tr>
<th></th>
<th>Pre K</th>
<th>School Age</th>
<th>Pre K</th>
<th>School Age</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>C-U</td>
<td>County</td>
<td>Other</td>
<td>Total</td>
</tr>
<tr>
<td>Screened</td>
<td>317</td>
<td></td>
<td></td>
<td>317</td>
</tr>
<tr>
<td>Rescreened</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Threshold</td>
<td>11</td>
<td></td>
<td></td>
<td>11</td>
</tr>
</tbody>
</table>

## Vision Screenings

<table>
<thead>
<tr>
<th></th>
<th>Pre K</th>
<th>School Age</th>
<th>Pre K</th>
<th>School Age</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>C-U</td>
<td>County</td>
<td>Other</td>
<td>Total</td>
</tr>
<tr>
<td>Screened</td>
<td>236</td>
<td></td>
<td>236</td>
<td></td>
</tr>
<tr>
<td>Rescreened</td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Referred</td>
<td>13</td>
<td></td>
<td>13</td>
<td></td>
</tr>
<tr>
<td>w/ Glasses</td>
<td>6</td>
<td></td>
<td>6</td>
<td></td>
</tr>
<tr>
<td>w/ Glasses-Referred</td>
<td>1</td>
<td></td>
<td>1</td>
<td></td>
</tr>
</tbody>
</table>

## Schedule

December 2011 Preschool Hearing & Vision Screening Schedule

12/7- First Baptist Preschool
Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

<table>
<thead>
<tr>
<th></th>
<th>*Champaign-Urbana</th>
<th>*Champaign County</th>
<th>Mclean County</th>
<th>Vermilion County</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Active clients</td>
<td>449</td>
<td>267</td>
<td>459</td>
<td>361</td>
<td>1536</td>
</tr>
<tr>
<td>New Clients Enrolled</td>
<td>9</td>
<td>2</td>
<td>6</td>
<td>8</td>
<td>25</td>
</tr>
<tr>
<td>Provider &amp; Community Outreach</td>
<td>4</td>
<td>4</td>
<td>1</td>
<td>0</td>
<td>9</td>
</tr>
</tbody>
</table>

Events

November 2011

One IBCCP presentation was given this month for two of the U of I nursing student clinical groups. There were 20 attendees.

*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.
number of Champaign County women served.
The mission of the IWP is to provide low-income, uninsured 40 – 64 year-old women with knowledge, skills, cardiovascular screenings, and opportunities to improve their diet, physical activity, and other life habits to prevent, delay, or control cardiovascular and other chronic diseases.

The Illinois WiseWoman Program (IWP) is a cardiovascular disease risk factor screening, intervention and evaluation program that is currently being implemented among women who participate in the Illinois Breast and Cervical Program.

<table>
<thead>
<tr>
<th></th>
<th>Champaign-Urbana</th>
<th>Champaign County</th>
<th>Vermillion County</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of active clients</td>
<td>192</td>
<td>108</td>
<td>5</td>
<td>305</td>
</tr>
<tr>
<td>New clients enrolled</td>
<td>4</td>
<td>1</td>
<td>0</td>
<td>5</td>
</tr>
<tr>
<td>Number of clients completing an integrated visit</td>
<td>13</td>
<td>2</td>
<td>0</td>
<td>15</td>
</tr>
<tr>
<td># of LSI classes held</td>
<td></td>
<td></td>
<td></td>
<td>7</td>
</tr>
<tr>
<td>Average number of women attending LSI class</td>
<td></td>
<td></td>
<td></td>
<td>3 Span: 5 Eng</td>
</tr>
</tbody>
</table>

**News**

Following lipid, glucose, and blood pressure measurements, IWP participants can choose one of four lifestyle interventions that best suits their risks and motivations. Unique to the IWP is Level 3 Lifestyle Intervention, which consists of four fun dietary and physical activity sessions designed to empower Illinois WISEWOMAN Program participants to prevent, delay, and control cardiovascular and other chronic diseases.

The Spanish LSI-3 classes were held on Nov. 1, 8, 15, and 22
The English LSI-3 classes are scheduled for Oct. 25, Nov 1, 8, and 15.
Theresa Truelove in the news!
The coalition is a group of local health care providers and agencies that looked at
the diabetes statistics — both local and national — and decided to work together to
reduce its negative effects in the community over the next five years.
(Theresa is refered to as Angela Truelove in the article.)

Coalition formed to battle diabetes
battle-diabetes.html

Jennifer Jackson in the news!
Jennifer Jackson was interviewed on November 17 about the American Cancer
Society’s Great American Smokeout on WCIA. A link can be found here:

36th Annual Great American Smokeout 2011
http://illinoishomepage.net/fulltext/?nxd_id=310817
Division staff participate on the following coalitions and community meetings:

- Champaign County Tobacco Prevention Coalition
- Illinois Cancer Prevention and Control Program
- Human Services Council
- Steering committee for Stratton Elementary’s Safe Routes to School Program
- Champaign-Urbana Campus Community Coalition
- East Central Illinois Asthma Partnership
- Regional Prevention Group
- C-U Safe Routes to School Steering Committee
- Unity West Wellness Committee Meeting
- Campaign for Comprehensive Sex Education
- Illinois Health Cares about Domestic Violence
- Illinois Coalition for School Health Centers
- National Assembly for School Health Care
- Coordinated School Health Grantee Meeting
- C-U Fit Families
- Fisher Grade School Wellness Team Meeting
- Childhood Wellness Task Force
- C-U Area Fitness

Please check out our informational websites:

- [http://www.cuphd.org/chronicdisease.html](http://www.cuphd.org/chronicdisease.html)
- [http://www.ada.org/](http://www.ada.org/)
- [http://www.smoke-free.illinois.gov/](http://www.smoke-free.illinois.gov/)
- [http://www.cuphd.org/diabetes_resources.html](http://www.cuphd.org/diabetes_resources.html)
- [http://www.cuphd.org/ccsafekids/](http://www.cuphd.org/ccsafekids/)
- [http://www.illinoisaap.org/oralhealth.htm](http://www.illinoisaap.org/oralhealth.htm)
- [www.ifloss.org](http://www.ifloss.org)
- [www.stock2forflu.com](http://www.stock2forflu.com)
Deb Fruitt  
531-2921  
The Division of Wellness & Health Promotion  
Director  

Cathy Propst  
531-2916  
Illinois Breast & Cervical Cancer  
Program Coordinator  

Nikki Hillier  
531-2914  
Illinois Wise Women Adult Immunization  
Program Coordinator  

Alicia Ekhoff  
531-4538  
Program Coordinator  

Jessie McClusky  
531-2890  
Urbana School Health Center  
Program Coordinator  

Have questions about Wellness and Health Promotion?  
Get more information on our website!  
http://c-uphd/wellness-health-promotion.html  

Nurses  
Theresa Truelove  
Judy Krumwiede  
Vickie Ellis  
Bette Chapman  

Dental Hygienists  
Amanda Niles, RDH  
Michelle Kramer, RDH  
Jill Hart, RDH  
Terri Jesiolowski, RDH (PRN)  

Dental Assistants  
Marda Keys  
Becky Black  

Health Educators  
Jennifer Jackson  
Janice Walker  
Deanna Williams  

Administrative Assistant II  
Maria Capps  
Pam Simmons  

IBCCP Intake Specialists  
Kathy Reardon  
Leah Brunkow  
Talia Oakley  

Dental Intake  
Charlene Johnson  
Karen Bryson  

Vision & Hearing Tech  
Shirley Linciome  

Interns  
Cecilia Ramirez  
Mansi Jailwala  
Paige Ligon  
Amy Han  

Dentist  
Kara Ruffatto, DDS  
James Wahl, DDS  
Robert Grenda, DDS (PRN)  
Cole Anderson, DDS (PRN)  

Volunteers  
Nedra Brown  
Kathleen Conlisk  
Liz Reynolds  
Ross Eckert  

Division of Wellness Health Promotion  
November 2011 Board Report