<table>
<thead>
<tr>
<th>Programs</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cover</td>
<td>1</td>
</tr>
<tr>
<td>Dental</td>
<td>2-4</td>
</tr>
<tr>
<td>Adult Prevention &amp; Management of Disease</td>
<td>5</td>
</tr>
<tr>
<td>Health Promotion Programs</td>
<td>6-8</td>
</tr>
<tr>
<td>Child Vision &amp; Hearing Screening</td>
<td>9</td>
</tr>
<tr>
<td>Illinois Breast &amp; Cervical Cancer Program</td>
<td>10</td>
</tr>
<tr>
<td>Illinois Wisewomen</td>
<td>11</td>
</tr>
<tr>
<td>In the News and Meet the Team</td>
<td>12-13</td>
</tr>
<tr>
<td>Community Meetings and Websites</td>
<td>14</td>
</tr>
<tr>
<td>Contacts</td>
<td>15</td>
</tr>
</tbody>
</table>
Champaign-Urbana Public Health District’s Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child’s first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

<table>
<thead>
<tr>
<th>Champaign Visits</th>
<th>CU</th>
<th>Co.</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Patient</td>
<td>46</td>
<td>0</td>
</tr>
<tr>
<td>Visits by Patients of Record</td>
<td>388</td>
<td>2</td>
</tr>
<tr>
<td>Total Patient Visits</td>
<td>434</td>
<td>2</td>
</tr>
</tbody>
</table>

Treatment Provided

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Diagnostic &amp; Preventative Care</td>
<td>1,034</td>
</tr>
<tr>
<td>General Dental Care*</td>
<td>255</td>
</tr>
</tbody>
</table>

Number of Days Clinic Open 19

Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.

<table>
<thead>
<tr>
<th>Urbana Visits</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>New Patient</td>
<td>17</td>
</tr>
<tr>
<td>Visits by Patients of Record</td>
<td>78</td>
</tr>
<tr>
<td>Total Patient Visits</td>
<td>95</td>
</tr>
</tbody>
</table>

Treatment Provided

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Diagnostic &amp; Preventative Care</td>
<td>216</td>
</tr>
<tr>
<td>General Dental Care</td>
<td>56</td>
</tr>
</tbody>
</table>

Number of Days Clinic Open 12

Division of Wellness Health Promotion
www.c-uphd/wellness-health-promotion.html
October 2011 Board Report
Oral Surgery

One Saturday morning each month, CUPHD employs an oral surgeon resident, who is a licensed dentist, to perform difficult extractions for children who are referred by CUPHD general dentists. The clinic utilizes volunteer dental and pre-dental students for infection control, instrument processing, post-op instructions, and clinic flow. Only local anesthetic is utilized, no anesthesia services are available.

No Clinics were available in July and August; the next Oral Surgery Clinic is scheduled for September 24th.

Special Events

October marked Dental Hygiene Month. Dental Interns, Paige Ligon & Mansi Jailwala created a display board for CUPHD WIC clients with the theme "Keep It Simple".

Informational handouts talked about the basics of oral health care: Brush 2X daily, Floss 1X daily & limit sugary snacks and drinks.
During the 2011-12 School Year, Urbana Students in Grades PK - 6th and Champaign Students in Grades PK, K, 2nd and 6th will be eligible for Mobile Dental Services at their school. Through Medicaid Reimbursement and an IDPH Grant, students will receive an exam, dental cleaning, fluoride treatment, and dental sealants on the first and second permanent molars to seal out tooth decay.

During August School Registration all students in these grades will have the opportunity to complete a consent form allowing the CUPHD Mobile Dental Clinic to provide preventative dental care at school. Schools are contacted after registration to determine the best time to schedule their clinic.

All students treated during the clinics receive a Home Oral Health Care Kit that includes a toothbrush, toothpaste, and dental floss. Students are referred to CUPHD Dental Clinics to establish a Dental Home and receive continued follow up care.

**Champaign, IL**
- Barkstall (EXT) September 7
- Bottenfield March 26
- BT Washington February 7
- Carrie Busey February 15
- Champaign EC Sept 27-30
- Dr. Howard April 3
- Edison Middle January 10
- Franklin Middle January 17
- Garden Hills December 13
- Jefferson Middle January 24-26
- Kenwood (EXT) September 13
- Robeson April 10
- South Side March 13
- Stratton December 5-6
- Westview February 21

**Urbana, IL**
- Leal Oct. 26, 27
- ML King Oct.12-14
- Prairie Oct. 5-7
- Thomas Paine Nov. 2, 3, 9
- Urbana Middle Sept. 21-23
- Washington (EC) Oct. 18-20
- Wiley Elementary Nov. 16-18
- Yankee Ridge Nov. 30, Dec. 1, 2

In October, 499 children were seen in their school for preventative dental care and 222 Dental Sealants were placed.
## Adult Immunization

### Adult Immunization Program

Serves adults over 18 years for routine, educational requirements, accidents and travel immunizations using scheduled appointments.

<table>
<thead>
<tr>
<th>Immunizations</th>
<th>C-U</th>
<th>Co</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hepatitis A</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Hepatitis B</td>
<td>2</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>Polio</td>
<td></td>
<td></td>
<td>1</td>
</tr>
<tr>
<td>Mumps, Measles, Rubella</td>
<td>3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tetanus and diphtheria</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tetanus, diphtheria and acellular pertussis</td>
<td>3</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>Hepatitis A and Hepatitis B</td>
<td>3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Typhoid</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Varicella /chickenpox</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Flu/Pneumonia</td>
<td>31</td>
<td>8</td>
<td>1</td>
</tr>
<tr>
<td>Wesley Food Pantry Flu Clinic - Flu Shots Only</td>
<td>50</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Total Immunizations for 98 14 5

117

---

Adult and Travel vaccines are available Monday & Wednesdays by appointment. Call 531-2922 – Ask for Theresa
Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State’s Attorney’s if they do not.

<table>
<thead>
<tr>
<th>CU County</th>
<th># of Complaints</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>11</td>
</tr>
</tbody>
</table>

Break the Habit

Break the Habit is a partnership between the Illinois Tobacco Quitline and CUPHD. People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists, and CUPHD issues nicotine patches based on what the Addictions Specialists suggest.

<table>
<thead>
<tr>
<th>CU County</th>
<th>Total # of people</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1</td>
</tr>
</tbody>
</table>

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who does an official check for compliance. 3 times a year

<table>
<thead>
<tr>
<th>CU County</th>
<th># of Attempts</th>
<th># of Sales</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>20</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td>32</td>
<td>6</td>
</tr>
</tbody>
</table>
Schools currently participating in CATCH are:

<table>
<thead>
<tr>
<th>School Name</th>
<th># of Students</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Howard Elementary, Champaign</td>
<td>390</td>
</tr>
<tr>
<td>Thomasboro Elementary, Thomasboro</td>
<td>185</td>
</tr>
<tr>
<td>Unity West Elementary, Tolono</td>
<td>490</td>
</tr>
<tr>
<td>Fisher Grade School, Fisher</td>
<td>318</td>
</tr>
<tr>
<td>Carrie Busey</td>
<td>390</td>
</tr>
</tbody>
</table>

Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes. Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

In the Media

October 31, WANDtv interviewed Nikki Hillier regarding a study released that highlighted the benefits (economic and health-related) of a sugar-loaded beverage tax.

http://www.wandtv.com/global/Category.asp?c=182814&clipId=6403677&autostart=true
October 4, Dr. Howard held their annual Wellness Fair. Health Promotion educated students on healthy eating and active living. **300 people were served.**

October 5, was International Walk and Roll to School Day. Several school participated. We walked with Dr. Howard and Booker T. Washington.

October 11, Health Promotion had a booth at the East Central Illinois Low Vision Fair. The Illinois Tobacco Quitline was promoted. **150 people were served**

October 22, We had a booth at the Disability Expo at Lincoln Square mall. We promoted the Illinois Tobacco Quitline. **500 people were served**

**Health Promotion is working to make sure that providers have the tools they need to refer smoking patients to the Illinois Tobacco Quitline.**

In October, we held an Illinois Tobacco Quitline Referral training for several groups: C-UPHD Maternal and Child Health Division and C-UPHD Infectious Disease. The Training was also presented on the Quitline in a Community Health class on drug use and abuse and for the deaf advisory group at People Assuming Control of their Environment (PACE).
CUPHD employs a State Certified Auditory and Vision Technician to provide State mandated Hearing and Vision screenings to children enrolled in a Licensed Daycare, Preschool, or Private School in Champaign County. The Hearing and Vision Screening Program is funded through a IDPH Grant and Medicaid / All Kids Reminbursement.

### Hearing Screenings

<table>
<thead>
<tr>
<th></th>
<th>Pre K</th>
<th>School Age</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>C-U</td>
<td>County</td>
</tr>
<tr>
<td>Screened</td>
<td>41</td>
<td>169</td>
</tr>
<tr>
<td>Rescreened</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Threshold</td>
<td>6</td>
<td>6</td>
</tr>
</tbody>
</table>

### Vision Screenings

<table>
<thead>
<tr>
<th></th>
<th>Pre K</th>
<th>School Age</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>C-U</td>
<td>County</td>
</tr>
<tr>
<td>Screened</td>
<td>87</td>
<td>90</td>
</tr>
<tr>
<td>Rescreened</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Referred (w/ Glasses)</td>
<td>6</td>
<td>6</td>
</tr>
<tr>
<td>Referred (w/ Glasses-Ref)</td>
<td>3</td>
<td>3</td>
</tr>
</tbody>
</table>

### Schedule

November 2011 Preschool Hearing & Vision Screening Schedule

- 11/2, American Lutheran Preschool / Rantoul
- 11/7, Washington Early Childhood / Urbana
- 11/9, Child Development Lab / Urbana
- 11/16, Countryside Preschool / Champaign
- 11/17, University Primary / Urbana

Division of Wellness Health Promotion
www.c-uphd/wellness-health-promotion.html
October 2011 Board Report
**Illinois Breast & Cervical Cancer Program (IBCCP)**

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

<table>
<thead>
<tr>
<th></th>
<th><em>Champaign-Urbana</em></th>
<th><em>Champaign County</em></th>
<th>Mclean County</th>
<th>Vermilion County</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Number of Active clients</strong></td>
<td>442</td>
<td>268</td>
<td>452</td>
<td>356</td>
<td>1518</td>
</tr>
<tr>
<td><strong>New Clients Enrolled</strong></td>
<td>12</td>
<td>4</td>
<td>16</td>
<td>12</td>
<td>44</td>
</tr>
<tr>
<td><strong>Provider &amp; Community Outreach</strong></td>
<td>7</td>
<td>2</td>
<td>10</td>
<td>10</td>
<td>29</td>
</tr>
</tbody>
</table>

**Events**

October was Breast Cancer Awareness Month. IBCCP staff provided breast cancer information to 4 local churches, held 3 enrollment day events, did a live TV interview, and ran Breast Cancer Awareness ads in local newspapers.

**Enrollment Day Events**

**Champaign County:**
Frances Nelson Health Center - 14 women
819 W. Bloomington Rd. Champaign
Tuesday 10/11/11 from 8:30am noon and 1– 4:30pm..

**McLean County:**
John M. Scott Health Resources Center - 12 women
607 S. Gridley in Bloomington
Wednesday October 26th from 9am – noon and 1 – 3:30pm.

**Vermilion County:**
10 women
Aunt Martha’s Vermilion Area Community Health Center
614 N. Gilbert St in Danville
Tuesday October 18th from 8:30am – noon and 1 – 3:30pm.

*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns represent the approximate number of Champaign County women served.*
number of Champaign County women served.
The mission of the IWP is to provide low-income, uninsured 40 – 64 year-old women with knowledge, skills, cardiovascular screenings, and opportunities to improve their diet, physical activity, and other life habits to prevent, delay, or control cardiovascular and other chronic diseases.

The Illinois WiseWoman Program (IWP) is a cardiovascular disease risk factor screening, intervention and evaluation program that is currently being implemented among women who participate in the Illinois Breast and Cervical Program.

<table>
<thead>
<tr>
<th></th>
<th>Champaign-Urbana</th>
<th>Champaign County</th>
<th>Vermilion County</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of active clients</td>
<td>191</td>
<td>110</td>
<td>5</td>
<td>306</td>
</tr>
<tr>
<td>New clients enrolled</td>
<td>1</td>
<td>1</td>
<td>0</td>
<td>2</td>
</tr>
<tr>
<td>Number of clients completing an integrated visit</td>
<td>13</td>
<td>9</td>
<td>0</td>
<td>22</td>
</tr>
<tr>
<td># of LSI classes held</td>
<td>1 English</td>
<td></td>
<td></td>
<td>1</td>
</tr>
<tr>
<td>Average number of women attending LSI class</td>
<td>7</td>
<td>0</td>
<td>0</td>
<td>7</td>
</tr>
</tbody>
</table>

**News**

Following lipid, glucose, and blood pressure measurements, IWP participants can choose one of four lifestyle interventions that best suits their risks and motivations. Unique to the IWP is Level 3 Lifestyle Intervention, which consists of four fun dietary and physical activity sessions designed to empower Illinois WISEWOMAN Program participants to prevent, delay, and control cardiovascular and other chronic diseases.

The Spanish LSI-3 classes will be held on Nov. 1, 8, 15, 22.
The English LSI-3 classes will be held on Sept 25, Nov. 1, 8, 15.
Nedra Brown has worked with CUPHD IBCCP since August 2008 as an RSVP volunteer (RSVP – Retired Senior Volunteer Program). Nedra was recently honored for her extensive volunteerism at the annual RSVP banquet. Nedra received awards for the following: Over 400 hours of volunteer service in the past year, 20 years of volunteering through RSVP, and a Community Service Award (nominated by Kathy Reardon in IBCCP). Nedra is a retired administrative secretary who brings extensive experience and professionalism to her position at CUPHD. Nedra is very organized and efficiently manages all the paperwork associated with her IBCCP tasks. She is willing to do any task asked of her and quickly masters new assignments. Due to Nedra’s hard work, positive attitude and pleasant personality, it is a blessing to have her working with us. Since August of 2008, Nedra has volunteered 1228 hours with IBCCP! In addition to the hours spent at CUPHD, Nedra volunteers for other agencies, including Willard Airport where she has volunteered for 20 years.

Three things that stand our about her is her professionalism, dedication and her job ethics/experience. She is devoted to helping our patients and hangs in there when the going gets tough.

Nedra helps us by scheduling most of our patient appointments, which helps get clients in for their annual exam and or mammogram in a timely fashion (and does so without complaint). Without her help, our work would be backed up and she lightens that work load for us. She is always willing to take on any task or challenge. We appreciate her organization, dependability, and service. She not only helps us here, but is busy with others that she assists.

**October 5,** Cathy Propst, Coordinator of IBCCP was live on WCIA discussing "Pink Week".

**October 31,** WANDtv interviewed Nikki Hillier, coordinator of Health Promotion, regarding a study released that highlighted the benefits (economic and health-related) of a sugar-loaded beverage tax. [http://www.wandtv.com/global/Category.asp?c=182814&cliPlID=6403677&autostart=true](http://www.wandtv.com/global/Category.asp?c=182814&cliPlID=6403677&autostart=true)
Meet the Team

Charlene Johnson started with us this month in Dental, as our Intake Specialist. Charlene greets clients when they first come in for a dental appointment and filters all the dental calls. Charlene is originally from Mississippi and grew up there. She has 25 years experience as a program coordinator that she brings to the team. In her free time she enjoys decorating, gardening, cooking and sewing.

Three fun facts about Charlene
• She always looses at UNO.
• She is a Champion at the card game Old Maid.
• She can do the Michael Jackson "moon walk".
Stop by the dental window and say hi.

Karen Bryson also started with us part-time this month in Dental as an Intake Specialist on Tuesdays and Thursdays. Karen also helps out at the dental front desk and greets clients and takes calls. She grew up here in Champaign-Urbana. Karen has worked for dental offices in Champaign and Chicago. In her free time she likes tickling her nieces and nephews, reading, going to movies and cooking.

Three fun facts about Karen
• She has a twin brother
• She always wanted an identical twin sister
• She has green eyes and grey eyes
Stop by the dental window on Tuesday and Thursdays to say hi.
Division staff participate on the following coalitions and community meetings:

- Champaign County Tobacco Prevention Coalition
- Illinois Cancer Prevention and Control Program
- Human Services Council
- Steering committee for Stratton Elementary’s Safe Routes to School Program
- Champaign-Urbana Campus Community Coalition
- East Central Illinois Asthma Partnership
- Regional Prevention Group
- C-U Safe Routes to School Steering Committee
- Unity West Wellness Committee Meeting
- Campaign for Comprehensive Sex Education
- Illinois Health Cares about Domestic Violence
- Illinois Coalition for School Health Centers
- National Assembly for School Health Care
- Coordinated School Health Grantee Meeting
- C-U Fit Families
- Fisher Grade School Wellness Team Meeting
- Childhood Wellness Task Force
- C-U Area Fitness

Please check out our informational websites:

- [http://www.cuphd.org/chronicdisease.html](http://www.cuphd.org/chronicdisease.html)
- [http://www.ada.org/](http://www.ada.org/)
- [http://www.smoke-free.illinois.gov/](http://www.smoke-free.illinois.gov/)
- [http://www.cuphd.org/diabetes_resources.html](http://www.cuphd.org/diabetes_resources.html)
- [http://www.cuphd.org/ccsafekids/](http://www.cuphd.org/ccsafekids/)
- [http://www.illinoisaap.org/oralhealth.htm](http://www.illinoisaap.org/oralhealth.htm)
- [www.ifloss.org](http://www.ifloss.org)
- [www.stock2forflu.com](http://www.stock2forflu.com)
Wellness & Health Promotion
Contacts
217-373-7901

The Division of Wellness & Health Promotion
Deb Fruitt 531-2921
Director

Illinois Breast & Cervical Cancer
Cathy Propst 531-2916
Program Coordinator
Illinois Wisewomen
Adult Immunization
Nikki Hillier 531-2914
Program Coordinator

Dental
Alicia Ekhoff 531-4538
Hearing & Vision
Program Coordinator

Urbana School Health Center
Jessie McClusky 531-2890
Program Coordinator

Have questions about Wellness and Health Promotion?
Get more information on our website!
http://c-uphd/wellness-health-promotion.html

Nurses
Theresa Truelove
Judy Krumwiede
Vickie Ellis
Bette Chapman

Dentist
Kara Ruffatto, DDS
James Wahl, DDS
Robert Grenda, DDS (PRN)
Cole Anderson, DDS (PRN)

Dental Hygienists
Amanda Niles, RDH
Michelle Kramer, RDH
Jill Hart, RDH
Terri Jesiolorwski, RDH (PRN)

Dental Assistants
Marda Keys
Becky Black

Health Educators
Jennifer Jackson
Janice Walker
Deanna Williams

Administrative Assistant II
Maria Capps
Pam Simmons

IBCCP Intake Specialists
Kathy Reardon
Leah Brunkow
Talia Oakley

Interns
Cecilia Ramirez
Mansi Jainwa
Paige Ligon
Amy Han

Dental Intake
Charlene Johnson
Karen Bryson

Volunteers
Nedra Brown
Kathleen Conlik
Liz Reynolds
Ross Eckert

Vision & Hearing Tech
Shirley Linciome

Division of Wellness Health Promotion
www.c-uphd/wellness-health-promotion.html
October 2011 Board Report