<table>
<thead>
<tr>
<th>Programs</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cover</td>
<td>1</td>
</tr>
<tr>
<td>Dental</td>
<td>2-4</td>
</tr>
<tr>
<td>Adult Prevention &amp; Management of Disease</td>
<td>5</td>
</tr>
<tr>
<td>Health Promotion Programs</td>
<td>6-7</td>
</tr>
<tr>
<td>Child Vision &amp; Hearing Screening</td>
<td>8</td>
</tr>
<tr>
<td>Illinois Breast &amp; Cervical Cancer Program</td>
<td>9</td>
</tr>
<tr>
<td>Illinois Wisewomen</td>
<td>10</td>
</tr>
<tr>
<td>Community Meetings and Websites</td>
<td>11</td>
</tr>
<tr>
<td>Contacts</td>
<td>12</td>
</tr>
</tbody>
</table>
CUPHD Dental Program

Champaign-Urbana Public Health District’s Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child’s first birthday. The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

<table>
<thead>
<tr>
<th>Champaign Visits</th>
<th>CU</th>
<th>Co.</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Patient</td>
<td>63</td>
<td>1</td>
</tr>
<tr>
<td>Visits by Patients of Record</td>
<td>422</td>
<td>1</td>
</tr>
<tr>
<td>Total Patient Visits</td>
<td>485</td>
<td>2</td>
</tr>
</tbody>
</table>

**Treatment Provided**
- Diagnostic & Preventative Care: 1,244
- General Dental Care*: 232

**Number of Days Clinic Open**: 23

Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.

<table>
<thead>
<tr>
<th>Urbana Visits</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Patient</td>
</tr>
<tr>
<td>Visits by Patients of Record</td>
</tr>
<tr>
<td>Total Patient Visits</td>
</tr>
</tbody>
</table>

**Treatment Provided**
- Diagnostic & Preventative Care: 405
- General Dental Care: 93

**Number of Days Clinic Open**: 17
Oral Surgery

One Saturday morning each month, CUPHD employs an oral surgeon resident, who is a licensed dentist, to perform difficult extractions for children who are referred by CUPHD general dentists. The clinic utilizes volunteer dental and pre-dental students for infection control, instrument processing, post-op instructions, and clinic flow. Only local anesthetic is utilized, no anesthesia services are available.

No Clinics were available in July and August; the next Oral Surgery Clinic is scheduled for September 24th.

Special Events

September: The Oral Health Network’s "Fall for Smiles" Event will be celebrated at C-UPHD with:

- Mondays 1pm-3pm Free apples & information on finding a Dental Home for your family.
- Wednesdays 1pm-3pm "Color a Smile" project with Dental Activities in the Main Lobby.
Mobile Dental Clinics: 2011-12

During the 2011-12 School Year, Urbana Students in Grades PK - 6th and Champaign Students in Grades PK, K, 2nd and 6th will be eligible for Mobile Dental Services at their school. Through Medicaid Reimbursement and an IDPH Grant, students will receive an exam, dental cleaning, fluoride treatment, and dental sealants on the first and second permanent molars to seal out tooth decay.

During August School Registration all students in these grades will have the opportunity to complete a consent form allowing the CUPHD Mobile Dental Clinic to provide preventative dental care at school. Schools are contacted after registration to determine the best time to schedule their clinic.

All students treated during the clinics receive a Home Oral Health Care Kit that includes a toothbrush, toothpaste, and dental floss. Students are referred to CUPHD Dental Clinics to establish and Dental Home and receive continued follow up care.

**Champaign, IL**
- Barkstall (EXT) September 7
- Bottenfield March 26
- BT Washington February 7
- Carrie Busey February 15
- Champaign EC Sept 27-30
- Dr. Howard April 3
- Edison Middle January 10
- Franklin Middle January 17
- Garden Hills December 13
- Jefferson Middle January 24-26
- Kenwood (EXT) September 13
- Robeson April 10
- South Side March 13
- Stratton December 5-6
- Westview February 21

**Urbana, IL**
- Leal Oct. 26, 27
- ML King Oct. 12-14
- Prairie Oct. 5-7
- Thomas Paine Nov. 2, 3, 9
- Urbana Middle Sept. 21-23
- Washington (EC) Oct. 18-20
- Wiley Elementary Nov. 16-18
- Yankee Ridge Nov. 30, Dec. 1, 2
## Adult Immunization

### Adult Immunization Program

Serves adults over 18 years for routine, educational requirements, accidents and travel immunizations using scheduled appointments.

<table>
<thead>
<tr>
<th>Immunizations</th>
<th>C-U</th>
<th>Co</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hepatitis A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hepatitis B</td>
<td>2</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Polio</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mumps, Measles, Rubella</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tetanus and diphtheria</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tetanus, diphtheria and acellular pertussis</td>
<td>3</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Hepatitis A and Hepatitis B</td>
<td>3</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Typhoid</td>
<td>3</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Varicella /chickenpox</td>
<td>1</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Flu/Pneumonia

<p>| | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
</table>

Total Immunizations for 13 4 3 20

---

**Adult and Travel vaccines are available Monday & Wednesdays by appointment.**

Call 531-2922 — Ask for Theresa

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**Outreach Meetings**

Division of Wellness Health Promotion

www.c-uphd/wellness-health-promotion.html

August 2011 Board Report
Break the Habit

Break the Habit is a partnership between the Illinois Tobacco Quitline and CUPHD. People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists, and CUPHD issues nicotine patches based on what the Addictions Specialists suggest.

Juvenile Detention Center Outreach

Various days throughout the month, our health educators provide a variety of programs to the youth in the Juvenile Detention Center. This month's topic was tobacco education with Media Sharp

Media Sharp

An important tool to help middle- and high-school youth evaluate those messages and make healthy, life-saving choices. Through 4-5 interactive sessions using various forms of technology and media, participants learn how media influences our behaviors and decisions. The curriculum focuses on tobacco and alcohol, but address media's influence on all of our choices from cars to tennis shoes.

---

**Smoke Free Illinois compliance**

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State’s Attorney’s if they do not.

<table>
<thead>
<tr>
<th>CU County</th>
<th># of Complaints</th>
<th>0</th>
</tr>
</thead>
<tbody>
<tr>
<td># of Complaints</td>
<td>2</td>
<td></td>
</tr>
</tbody>
</table>

---

**Break the Habit**

Break the Habit is a partnership between the Illinois Tobacco Quitline and CUPHD. People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists, and CUPHD issues nicotine patches based on what the Addictions Specialists suggest.

<table>
<thead>
<tr>
<th>CU County</th>
<th>Total # of people</th>
</tr>
</thead>
<tbody>
<tr>
<td>CU</td>
<td>3</td>
</tr>
<tr>
<td>County</td>
<td>0</td>
</tr>
</tbody>
</table>

---

**Juvenile Detention Center Outreach**

Various days throughout the month, our health educators provide a variety of programs to the youth in the Juvenile Detention Center. This month's topic was tobacco education with Media Sharp

<table>
<thead>
<tr>
<th># of times presented</th>
<th>Total # of people</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>9</td>
</tr>
</tbody>
</table>

---

**Media Sharp**

An important tool to help middle- and high-school youth evaluate those messages and make healthy, life-saving choices. Through 4-5 interactive sessions using various forms of technology and media, participants learn how media influences our behaviors and decisions. The curriculum focuses on tobacco and alcohol, but address media's influence on all of our choices from cars to tennis shoes.

<table>
<thead>
<tr>
<th>County</th>
<th># of times presented</th>
<th>Total # of people</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2</td>
<td>14</td>
</tr>
</tbody>
</table>

(Count complete programs, not sessions)
Other Education Programs

LET’S GET IT STARTED

Let’s get it started is a program that in collaboration with University of Illinois Extension and County Market help families plan, purchase, prepare, and enjoy cost-effective and healthy meals together. Families also participate in a variety of fun activities to promote getting up and moving. Subjects covered include portion control, label reading, food and fire safety in the kitchen, food demo's and a grocery store tour with a nutritionist.

No classes were held in August

CATCH Program

Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes. Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are:

<table>
<thead>
<tr>
<th>School Name</th>
<th># of students</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Howard Elementary, Champaign</td>
<td>390</td>
</tr>
<tr>
<td>Thomasboro Elementary, Thomasboro</td>
<td>185</td>
</tr>
<tr>
<td>Unity West Elementary, Tolono</td>
<td>490</td>
</tr>
<tr>
<td>Fisher Grade School, Fisher</td>
<td>318</td>
</tr>
<tr>
<td>Carrie Busey</td>
<td>390</td>
</tr>
</tbody>
</table>
### Hearing Screenings

<table>
<thead>
<tr>
<th></th>
<th>Pre K</th>
<th>School Age</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>C-U</td>
<td>County</td>
</tr>
<tr>
<td>Screened</td>
<td>0</td>
<td>35</td>
</tr>
<tr>
<td>Rescreened</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Threshold</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Referred</td>
<td>0</td>
<td>1</td>
</tr>
</tbody>
</table>

### Vision Screenings

<table>
<thead>
<tr>
<th></th>
<th>Pre K</th>
<th>School Age</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>C-U</td>
<td>County</td>
</tr>
<tr>
<td>Screened</td>
<td>0</td>
<td>31</td>
</tr>
<tr>
<td>Rescreened</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Referred</td>
<td>0</td>
<td>2</td>
</tr>
<tr>
<td>w/ Glasses</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>w/ Glasses-Referred</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

### Schedule

September 2011 Preschool Vision & Hearing Schools Schedule:

- **September 14**  Little Hearts & Hands
- **September 21**  Anabel Huling Early Learning
- **September 28**  LaPetite Academy
- **September 29**  Noah’s Arc Preschool

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CUPHD employs a State Certified Auditory and Vision Technician to provide State mandated Hearing and Vision screenings to children enrolled in a Licensed Daycare, Preschool, or Private School in Champaign County. The Hearing and Vision Screening Program is funded through a IDPH Grant and Medicaid / All Kids Reimbursement.
Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

<table>
<thead>
<tr>
<th></th>
<th>*Champaign-Urbana</th>
<th>*Champaign County</th>
<th>McLean County</th>
<th>Vermilion County</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Active clients</td>
<td>449</td>
<td>260</td>
<td>453</td>
<td>348</td>
<td>1510</td>
</tr>
<tr>
<td>New Clients Enrolled</td>
<td>12</td>
<td>5</td>
<td>7</td>
<td>6</td>
<td>30</td>
</tr>
<tr>
<td>Provider &amp; Community Outreach</td>
<td>32</td>
<td>8</td>
<td>20</td>
<td>22</td>
<td>82</td>
</tr>
</tbody>
</table>

August 2011

Annual Provider Satisfaction surveys were mailed to all contracted providers this month. Along with the survey, providers were sent IBCCP tear-off referral sheets to give to clients in need of IBCCP services.

IBCCP information was presented to Vermilion County Nurse Practitioners at their monthly meeting.

*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.
number of Champaign County women served.
The mission of the IWP is to provide low-income, uninsured 40 – 64 year-old women with knowledge, skills, cardiovascular screenings, and opportunities to improve their diet, physical activity, and other life habits to prevent, delay, or control cardiovascular and other chronic diseases.

The Illinois WiseWoman Program (IWP) is a cardiovascular disease risk factor screening, intervention and evaluation program that is currently being implemented among women who participate in the Illinois Breast and Cervical Program.

<table>
<thead>
<tr>
<th></th>
<th>Champaign-Urbana</th>
<th>Champaign County</th>
<th>Vermilion County</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of active clients</td>
<td>190</td>
<td>107</td>
<td>5</td>
<td>302</td>
</tr>
<tr>
<td>New clients enrolled</td>
<td>5</td>
<td>1</td>
<td>0</td>
<td>6</td>
</tr>
<tr>
<td>Number of clients completing an integrated visit</td>
<td>14</td>
<td>2</td>
<td>0</td>
<td>16</td>
</tr>
<tr>
<td># of LSI classes held</td>
<td></td>
<td></td>
<td></td>
<td>0</td>
</tr>
<tr>
<td>Average number of women attending LSI class</td>
<td></td>
<td></td>
<td></td>
<td>N/A</td>
</tr>
</tbody>
</table>

**News**

Following lipid, glucose, and blood pressure measurements, IWP participants can choose one of four lifestyle interventions that best suits their risks and motivations. Unique to the IWP is Level 3 Lifestyle Intervention, which consists of four fun dietary and physical activity sessions designed to empower Illinois WISEWOMAN Program participants to prevent, delay, and control cardiovascular and other chronic diseases.
Division staff participate on the following coalitions and community meetings

Champaign County Tobacco Prevention Coalition
Illinois Cancer Prevention and Control Program
Human Services Council
Steering committee for Stratton Elementary’s Safe Routes to School Program
Champaign-Urbana Campus Community Coalition
East Central Illinois Asthma Partnership
Regional Prevention Group
C-U Safe Routes to School Steering Committee
Unity West Wellness Committee Meeting

Campaign for Comprehensive Sex Education

Illinois Health Cares about Domestic Violence

Illinois Coalition for School Health Centers

National Assembly for School Health Care

Coordinated School Health Grantee Meeting

C-U Fit Families

Fisher Grade School Wellness Team Meeting

Childhood Wellness Task Force

C-U Area Fitness

Please check out our informational websites.

http://www.cuphd.org/chronicdisease.html
http://www.ada.org/
http://www.smoke-free.illinois.gov/
http://www.cuphd.org/diabetes_resources.html
http://www.cuphd.org/ccsafekids/
http://www.illinoisaap.org/oralhealth.htm
www.ifloss.org
www.stock2forflu.com
Wellness & Health Promotion
Contacts
217-373-7901

The Division of Wellness & Health Promotion
Director
Deb Fruitt 531-2921

Illinois Breast & Cervical Cancer
Program Coordinator
Cathy Propst 531-2916

Illinois Wisewomen
Adult Immunization
Health Promotion
Program Coordinator
Nikki Hillier 531-2914

Dental Hearing & Vision
Program Coordinator
Alicia Ekhoff 531-4538

Urbana School Health Center
Program Coordinator
Jessie McClusky 531-2890

Have questions about Wellness and Health Promotion?
Get more information on our website!
http://c-uphd/wellness-health-promotion.html

Nurses
Theresa Truelove
Judy Krumwiede
Vickie Ellis
Bette Chapman

Dental Hygienists
Amanda Niles, RDH
Michelle Kramer, RDH
Jill Hart, RDH
Terri Jesiolowski, RDH (PRN)

Dental Assistants
Marda Keys
Becky Black

Health Educators
Jennifer Jackson
Janice Walker
Deanna Williams

Administrative Assistant II
Maria Capps
Pam Simmons

IBCCP Intake Specialists
Kathy Reardon
Leah Brunkow
Talia Oakley
Megan Eiten

Volunteers
Nedra Brown
Robert Lauder
Morae Kang

Interns
Max Wolfe
Melanie Mackeben
Kelsey Miller

Dental Intake
Charlene Johnson

Dentist
Kara Ruffatto, DDS
James Wahl, DDS
Robert Grenda, DDS (PRN)
Cole Anderson, DDS (PRN)

Dental Assistants
Marda Keys
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Division of Wellness Health Promotion
www.c-uphd/wellness-health-promotion.html
August 2011 Board Report