# Programs

<table>
<thead>
<tr>
<th>Program</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cover</td>
<td>1</td>
</tr>
<tr>
<td>Dental</td>
<td>2-3</td>
</tr>
<tr>
<td>Adult Prevention &amp; Management of Disease</td>
<td>4</td>
</tr>
<tr>
<td>Health Promotion Programs</td>
<td>5</td>
</tr>
<tr>
<td>Child Vision &amp; Hearing Screening</td>
<td>6</td>
</tr>
<tr>
<td>Illinois Breast &amp; Cervical Cancer Program</td>
<td>7</td>
</tr>
<tr>
<td>Illinois Wisewomen</td>
<td>8</td>
</tr>
<tr>
<td>Community Meetings and Websites</td>
<td>9</td>
</tr>
<tr>
<td>Contacts</td>
<td>10</td>
</tr>
</tbody>
</table>
CUPHD Dental Program

Champaign-Urbana Public Health District’s Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday. The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

<table>
<thead>
<tr>
<th>Champaign Visits</th>
<th>CU</th>
<th>Co.</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Patient</td>
<td>82</td>
<td>6</td>
</tr>
<tr>
<td>Visits by Patients of Record</td>
<td>373</td>
<td>11</td>
</tr>
<tr>
<td>Total Patient Visits</td>
<td>455</td>
<td>17</td>
</tr>
</tbody>
</table>

Treatment Provided

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Diagnostic &amp; Preventative Care</td>
<td>1,074</td>
<td></td>
</tr>
<tr>
<td>General Dental Care*</td>
<td>313</td>
<td></td>
</tr>
<tr>
<td>Average Procedures per Patient</td>
<td>2.9</td>
<td></td>
</tr>
</tbody>
</table>

Number of Days Clinic Open 20

Urbana School Health Center Dental

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.

<table>
<thead>
<tr>
<th>Urbana Visits</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>New Patient</td>
<td>24</td>
<td></td>
</tr>
<tr>
<td>Visits by Patients of Record</td>
<td>91</td>
<td></td>
</tr>
<tr>
<td>Total Patient Visits</td>
<td>115</td>
<td></td>
</tr>
</tbody>
</table>

Treatment Provided

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Diagnostic &amp; Preventative Care</td>
<td>227</td>
<td></td>
</tr>
<tr>
<td>General Dental Care</td>
<td>32</td>
<td></td>
</tr>
<tr>
<td>Average Procedures per Patient</td>
<td>2.3</td>
<td></td>
</tr>
</tbody>
</table>

Number of Days Clinic Open 16

Upcoming Events

- **August 5th:** Snacking Styles 4 Healthy Smiles with MCH & UI Extension
- **August 11:** "Sprout" Children’s Dental Education Programing with MCH
- **August 14:** Salt & Light Back to School Back Pack Program: Sealant Program Info
- **August 16:** Vineyard Back to School Blast: Dental Clinic Info, toothbrushes, Hearing & Vision Screenings
- **August 18:** Circle of Friends: Seniors Dental Education Presentation

CUPHD Division of Wellness Health Promotion
http://c-uphd/wellness-health-promotion.htm
July 2010 Board Report
July Events

SnackingStyles4HealthySmiles: 25 MCH/WIC children and their parents have taken part in this program that partners with Dental & UI Extension to offer Snacking Nutritional Education with Oral Health Education to parents of children 12-35 months of age. This is a pilot program that will be used to attract grant dollars.

School Dental Sealant Clinic Kits were distributed to all Unit 4 & Unit 116 schools so consents for in school dental treatment were made available during registration. Schools will be contacted after registration to scheduled C-UPHD’s Mobile Dental Program for the 2010-11 school year. During FY10 over 1,000 C-U children received dental services at school.

Mobile Dental Clinics: 2010-11

Champaign Schools:
- Barkstall Elementary: August 24, 2010
- Bottenfield Elementary: TBA
- Carrie Busey Elementary: TBA
- Dr. Howard Elementary: TBA
- Kenwood Elementary: TBA
- Robeson Elementary: TBA
- South Side Elementary: TBA
- B.T. Washington Elementary: TBA
- Westview Elementary: TBA
- Jefferson Middle School: TBA
- Garden Hills Elementary: TBA
- Franklin Middle School: TBA
- Edison Middle School: TBA
- Stratton Elementary: TBA
- Champaign Early Childhood: TBA

Urbana Schools:
- Urbana Middle School: TBA
- Leal: January 21, 2010
- Thomas Paine: TBA
- Prairie: TBA
- Wiley: TBA
- ML King: TBA
- Yankee Ridge: TBA
- Washington Early Childhood: TBA
- Pavilion School: TBA

Dental Education

Amanda Niles, RDH visited Happi House Daycare in Urbana to talk with children about brushing & flossing. Oral Health presentations are available by calling 531-5253.

Dental Puppets, the Delta Dental "Teeth-on-the-Go" Kit and other oral health education aids are available on loan by calling 531-5253.
on loan by calling 531-4538.
Upcoming Events

1. "Sprout"'s Dental Program

4. Salt & Light School Back Program: Sealant Info

6. Vineyard School Blast: Clinic Info, Shakes, Hearing & Screenings

8. Circle of Seniors Dental Presentation

http://c-uphd/wellness-health-promotion.htm

July 2010 Board Report
am that
to parents of

hool dental
tuled C-
reived dental

d: TBA
Adult Immunization

Adult Immunization Program
Serves adults over 18 years for routine, educational requirements, accidents and travel immunizations using scheduled appointments.

<table>
<thead>
<tr>
<th>Immunizations</th>
<th>C-U</th>
<th>Co</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hepatitis A</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hepatitis B</td>
<td>4</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Polio</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Meningococcal / Menactra</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Meningococcal / Menomune</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mumps, Measles, Rubella</td>
<td>9</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Tetanus and diphtheria</td>
<td>4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tetanus, diphtheria and acellular pertussis</td>
<td>5</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Hepatitis A and Hepatitis B</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Typhoid</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Varicella /chickenpox</td>
<td>7</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Flu/Pneumonia Walk-Ins</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BG Check</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>BP Check</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Total Immunizations for June
A total of 55 people were served 35 2 1

38

Diabetes Outreach Meetings
15 attended three Diabetes outreach meetings held at Round Barn, Washington Square and Sunnycrest Manor. Discussed at the meetings were carbonated drinks, table sugar, and other caloric sweeteners found in prepared and processed foods and the negative impact they have on cholesterol levels. The good news is that changing eating habits, amounts and adding exercise helps prevent or delay the onset of diabetes.

The CUPHD Diabetes Program
The CUPHD Diabetes Program is funded in part by the Illinois Diabetes Prevention and Control Program (IDPCP) with a grant from the Center for Disease Control. In cooperation with U of I Extension Services a bimonthly newsletter is sent out to person with pre-diabetes or diabetes who have enrolled in the diabetes program. The statistics from their enrollment and yearly reviews help to form the picture of diabetes care in Champaign County, the state and the nation.

IDPCP Enrollment /Reviews 0
Diabetes Newsletter distribution 266
Health Promotion

Other Education Programs

Training Intervention Procedures (T.I.Ps)

T.I.P.s is an alcohol serving training program. CUPHD partners with The Champaign Police Department to bring program to area alcohol servers.

<table>
<thead>
<tr>
<th>CU</th>
<th># of times presented</th>
<th>Total # of people served</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Nutrition Education

Age-appropriate nutrition education is provided to classrooms by request.

<table>
<thead>
<tr>
<th>CU</th>
<th># of times presented</th>
<th>Total # of people served</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Juvenile Detention Center Outreach

Various days throughout the month, our health educators provide a variety of programs to the youth the Juvenile Detention Center. Topics include sexual health, nutrition, and tobacco. This month’s topic was Tobacco education.

<table>
<thead>
<tr>
<th>CU</th>
<th># of times presented</th>
<th>Total # of people served</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Health Educators assisted with the Child Safety Seat Inspection Station, a program run through our Division of Maternal and Child Health

Times Assisted 0

CATCH Program

Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes. Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are:

<table>
<thead>
<tr>
<th># of students</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Howard Elementary, Champaign</td>
</tr>
<tr>
<td>Thomasboro Elementary, Thomasboro</td>
</tr>
<tr>
<td>Unity West Elementary, Tolono</td>
</tr>
<tr>
<td>Fisher Grade School, Fisher</td>
</tr>
<tr>
<td>Carrie Busey</td>
</tr>
</tbody>
</table>
Division

bring this

O

buth in

h’s topic

r Division

) staff,
30
to win
ask
ysical
## Hearing Screenings

<table>
<thead>
<tr>
<th></th>
<th>Pre K</th>
<th>School Age</th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>C-U</td>
<td>County</td>
<td>Other</td>
<td>Total</td>
<td>C-U</td>
<td>County</td>
<td>Other</td>
<td>Total</td>
<td></td>
</tr>
<tr>
<td>Screened</td>
<td>1</td>
<td>1</td>
<td></td>
<td>2</td>
<td>2</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rescreened</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Threshold</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Referred</td>
<td>1</td>
<td>1</td>
<td></td>
<td>2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## Vision Screenings

<table>
<thead>
<tr>
<th></th>
<th>Pre K</th>
<th>School Age</th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>C-U</td>
<td>County</td>
<td>Other</td>
<td>Total</td>
<td>C-U</td>
<td>County</td>
<td>Other</td>
<td>Total</td>
<td></td>
</tr>
<tr>
<td>Screened</td>
<td>1</td>
<td>1</td>
<td></td>
<td>2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rescreened</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Referred</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>w/ Glasses</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>w/ Glasses-Referred</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Related Organizations
- Multi Culture Community Center, Urbana
- Bundles of Joy Learning Center, Champaign
- Coop Nursery School of C-U, Champaign
- Happi House Learning Center II, Urbana
- Playtime Preschool, Inc., Urbana
- Kids 1st Child Care Center, Inc., Champaign
- Kindercare Learning Center, Champaign
- La Petite Academy, Champaign
- Early Learning, Champaign
- Bradley Learning Center, Champaign
- Uni Primary, Urbana
- Eager Beaver Preschool, Champaign
- Children's Center Day Care, Champaign
- Little Lamb Preschool, Champaign
Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

<table>
<thead>
<tr>
<th>Number of Active clients</th>
<th>*Champaign-Urbana</th>
<th>*Champaign County</th>
<th>Mclean County</th>
<th>Vermillion County</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Active clients</td>
<td>529</td>
<td>328</td>
<td>526</td>
<td>441</td>
<td>1824</td>
</tr>
<tr>
<td>New Clients Enrolled</td>
<td>20</td>
<td>7</td>
<td>9</td>
<td>12</td>
<td>48</td>
</tr>
<tr>
<td>Provider &amp; Community Outreach</td>
<td>31</td>
<td>9</td>
<td>19</td>
<td>13</td>
<td>72</td>
</tr>
</tbody>
</table>

Events

Satisfaction Surveys were sent to 25% of our clients and all of our contracted medical providers in June and July. Results which have returned to date are very positive indicating a great level of satisfaction with IBCCP services and staff.

*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number.
Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.
The Illinois WiseWoman Program (IWP) is a cardiovascular disease risk factor screening, intervention and evaluation program that is currently being implemented among women who participate in the Illinois Breast and Cervical Program.

### Table

<table>
<thead>
<tr>
<th></th>
<th>Champaign-Urbana</th>
<th>Champaign County</th>
<th>Vermilion County</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Number of active clients</strong></td>
<td>182</td>
<td>102</td>
<td>4</td>
<td>288</td>
</tr>
<tr>
<td><strong>New clients enrolled</strong></td>
<td>9</td>
<td>9</td>
<td>0</td>
<td>18</td>
</tr>
<tr>
<td><strong>Number of clients completing an integrated visit</strong></td>
<td>13</td>
<td>6</td>
<td>1</td>
<td>20</td>
</tr>
<tr>
<td><strong># of LSI classes held</strong></td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td><strong>Average number of women attending LSI class</strong></td>
<td>N/A</td>
<td>N/A</td>
<td>N/A</td>
<td>N/A</td>
</tr>
</tbody>
</table>

### News

Following lipid, glucose, and blood pressure measurements, IWP participants can choose one of four lifestyle interventions that best suits their risks and motivations. Unique to the IWP is Level 3 Lifestyle Intervention, which consists of four fun dietary and physical activity sessions designed to empower Illinois WISEWOMAN Program participants to prevent, delay, and control cardiovascular and other chronic diseases.
Division staff participate on the following coalitions and community meetings

- Champaign County Tobacco Prevention Coalition
- Human Services Council
- Champaign-Urbana Campus Community Coalition
- Regional Prevention Group
- Unity West Wellness Committee Meeting
- Campaign for Comprehensive Sex Education
- Illinois Health Cares about Domestic Violence
- Illinois Coalition for School Health Centers
- National Assembly for School Health Care
- Coordinated School Health Grantee Meeting
- Dr. Howard Elementary Wellness Committee Meeting
- Fisher Grade School Wellness Team Meeting
- Childhood Wellness Task Force
- C-U Area Fitness
- East Central Illinois Asthma Partnership

Please check out our informational websites.

- [http://www.cuphd.org/chronicdisease.html](http://www.cuphd.org/chronicdisease.html)
- [http://www.ada.org/](http://www.ada.org/)
- [http://www.smoke-free.illinois.gov/](http://www.smoke-free.illinois.gov/)
- [http://www.cuphd.org/diabetes_resources.html](http://www.cuphd.org/diabetes_resources.html)
- [http://www.cuphd.org/ccsafekids/](http://www.cuphd.org/ccsafekids/)
- [http://www.illinoisaap.org/oralhealth.htm](http://www.illinoisaap.org/oralhealth.htm)
- www.ifloss.org
- www.stock2forflu.com
Wellness & Health Promotion
Contacts
217-373-7901

The Division of Wellness & Health Promotion
Deb Fruitt 531-2921
Director

Illinois Breast & Cervical Cancer
Illinois Wisewomen
Cathy Propst 531-2916
Program Coordinator

Health Promotion
Nikki Hillier 531-2914
Program Coordinator

Adult Immunization

Dental
Vision-Cooperative/
Hearing & Vision
Alicia Ekhoff 531-4538
Program Coordinator

Urbana School Health Center
Jessie McClusky 531-2890
Program Coordinator

Have questions about Wellness and Health Promotion?
Get more information on our website!
http://c-uphd/wellness-health-promotion.html

Nurses
Theresa Truelove
Judy Krumwiede

Dental Hygienists
Amanda Wright
Michelle Kramer
Jill Hart
Terri Jesiolowski (PRN)
Allie Winland (PRN)

Health Educators
Jennifer Jackson
Janice Walker
Deanna Williams

Dentist
Dr. Jim Wahl
Dr. Kara Ruffatto
Dr. Grenda

Dental Assistants
Marda Keys
Crystal Ott

Administrative Assistants
Maria Capps
Pam Simmons

Volunteers
Jacqueline Rodriguez
Sammy Cordell
Nikki Hagen
Nedra Brown
Caitlin Krause
Kara Barthelme
Ariel Zuckerman
Megan Eiten
Evan Devoe

Interns
Niketa Patel
Chessa Calabrese
Bridget Kern
Danielle Brown

IBCCP Intake Specialists
Kathy Reardon
Amanda Ziemnsky
Leah Brunke
Talia Oakley

Vision & Hearing Tech
Becky Black