

About WIC

WIC is a supplemental food, nutrition, and referral program for pregnant and postpartum women, infants, and children up to age 5.

Eligibility

To be eligible for WIC you must meet income guidelines and have a medical or nutritional risk. Contact us today to find out if you are eligible!

Breastfeeding Support

Our certified lactation counselors support WIC moms in reaching their breastfeeding goals. We also distribute Medicaid-covered breast pumps and limited loaner pumps.



Additional WIC Benefits

Temporary Increase in Fruit and Vegetable Cash Value Benefit

WIC has temporarily increased the monthly cash value benefit for fruits and vegetables. Take advantage and enroll in WIC today!

Farmers' Market Vouchers

WIC provides each active participant with \$30 in farmers' market vouchers every summer. Distribution typically begins late June and vouchers can be redeemed at multiple farmers' market locations until October 31st each year.



Special Supplemental Nutrition Program for

Women, Infants, and Children -WIC-



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Champaign Clinic

201 W. Kenyon Rd
(217) 531-4529
Mon-Fri:
8:30am-4:30pm

3rd Saturday/month:
8:30am-4:30pm

Rantoul Clinic

520 E. Wabash St
(217) 893-0832
Tuesday, Wednesday,
Friday
8:30am-4:30pm

Orchard Downs Clinic (Urbana).

2040A S. Orchard St
(217) 244-5233
Thursday
8:30am-4:30pm

This institution is an equal
opportunity provider



www.facebook.com/WIC.Champ

WIC Income Eligibility Guidelines

Effective July 1, 2024*

Household Size	Weekly	Monthly	Yearly
1	\$536	\$2,322	\$27,861
2	728	3,152	37,814
3	919	3,981	47,767
4	1,110	4,810	57,710
5	1,302	5,640	67,673
Each add'l family member	+\$191	+\$829	+\$9,953

*Income guidelines change annually.



WIC Foods

WIC food packages are tailored to individual needs, and may include:

Infants: Iron-Fortified Formula; Infant Jarred Fruits and Vegetables; Infant Cereal; Jarred Meats*

Women & Children: Milk; Cereal; Beans and/or Peanut Butter; Cheese, Tofu, Yogurt; Eggs; Fruits & Vegetables; Whole Grains; Juice; Tuna or Salmon*

*For exclusively breastfeeding participants

Additional Services

- Family Case Management Program
- GREAT Start Home Visiting Program
- Birth Control, Pregnancy Tests
- Child Immunizations
- Flu Shots
- Genetics Referrals
- HealthWorks



Important Information for WIC Visits

Please Bring the Following to Your Appointment:

- Parent and Child(ren)
- ID (Parent and Child)
- Proof of income, or SNAP or Medicaid enrollment
- Proof of Address

